

AAUW Sacramento supports opportunities for the personal and intellectual growth of women and girls through fellowship, collaboration and shared contribution in our community.

INSIDE THIS ISSUE:

President's Message	2
Volunteer Opportunities	2
Holiday Giving in Honor of Lois Graham	3
Speech Trek Save the Date	3
New Interest Groups	4
Former Scholarship Recipient Julie Debbs checking in with Branch	4
Interbranch Luncheon	5
Coffee Pot for Donation	5
Directories for Sale	5
AAUW Donation Form	6
Book Group Sections	7
Happy Hour	7
Interest Groups	8
Holiday Luncheon Reservation Form	9
Birthdays	10

Capital Ideas

DECEMBER 2014 VOL. 81 NO. 8

Celebrate the Season Annual Holiday Luncheon

**Reservations Due
December 6!!!**

December 13, 11 a.m.—1:30 p.m.

Northridge Country Club

7600 Madison Ave, Fair Oaks

AAUW Sacramento is ushering in the

holidays with our annual December luncheon. Please come early to socialize and celebrate the season as we listen to beautiful music provided by our own Mary Williams.

We will hear from two of our Scholarship winners, enjoy music from a flute quartet from American River College, and do some singing of our own. We will also have an opportunity to share our AAUW generosity by bringing items, or preferably money, to donate to the Oak Park Preschool in memory of past president Lois Graham (see accompanying article on page 3).

There will be an opportunity to do some shopping through a silent auction for gift tickets to Capital Stage Theater and for some of the last Vanishing Victorians note cards.

Please invite friends and family to celebrate with us. The reservation deadline is Dec. 6, so don't delay. RSVP using the reservation form in this newsletter or register online via the Eventbrite link (credit card fees apply). Contact Reservations Coordinator Dawn Boyd at darnone1@att.net or 925-321-9946 if you have any questions.

Eventbrite Link: <http://www.eventbrite.com/e/celebrate-the-season-aauw-sacramentos-holiday-luncheon-tickets-14120182847?aff=affiliate1>



President's Message

2014-2015 ELECTED BOARD OF DIRECTORS

President

Cherril Peabody
capeabody@comcast.net

President-Elect

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mccaben@comcast.net

Program Director

Gloria Yost
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wyndelndonna@sbcglobal.net
Marty McKnew
martycknew@comcast.net

Secretary

Susana Mullen
Susana.mullen@gmail.com

Finance Director

May Ruth Lynch
mayrlynch@comcast.net



President Cherril Peabody

Happy Holidays! For many of us, the next few weeks will involve a lot of running around to find gifts for everyone on our lists, decorating, baking, entertaining and being entertained, seeing people we don't see often, carrying out family traditions, perhaps participating in religious services, and more. It is mostly a joyous time of year, but it can be stressful, especially for women, who seem to be the ones to make all this activity happen. This year I hope

each of you will take a few deep breaths and reexamine how you are spending your time so that you don't end up exhausted!

One of the activities I look forward to each December is our AAUW holiday party. This year we are having a change of location, and I think we can anticipate lovely decorations, a great luncheon, and special entertainment at the Northridge Country Club. Plus, we will be helping out the Oak Park Preschool. I look forward to seeing many of you there.

The upcoming year will bring us lots of interesting branch meetings and events. We are working on plans for some fundraising activities that we think you will enjoy as well as a training session on financial literacy for girls. You will hear more about all that in the newsletter as our plans progress.

I wish you all a relaxed and enjoyable holiday season!

Cherril Peabody

President, AAUW Sacramento

Current Board Positions Open for AAUW Sacramento

- **Public Policy Director**—The public policy director is responsible for educating branch members and the community about AAUW positions on state and national legislation, advocating for those positions and is a voting member of the board of directors.
- **Funds Director**—The AAUW Funds director shall be responsible for both the education of the branch and the community about AAUW Funds programs, and for fundraising for said programs, and is a voting member of the board of directors.
- **Fundraising Committee Chair**—This position heads the fundraising committee which is dedicated toward raising funds for both national and branch projects, such as AAUW Funds and Tech Trek
- Contact President Cherril Peabody at capeabody@comcast.net if interested in any of the positions.

Holiday Giving in Honor of Lois Graham

By Mary Schneider

This year for our Holiday Gift we are giving once again to the Oak Park Preschool. The donation is in memory of our long-time member and past president, Lois Graham, who is recently deceased. She was on both boards and worked tirelessly for both groups.

When teachers were asked what the preschool needs, they suggested kitchen play sets and food group sets. The children are learning the habits of eating healthfully as part of the nationwide program started by Michelle Obama. They have a small garden where they grow some of their own food. These play sets will add to their lessons.

The preschool also needs dress-up costumes for dramatic play. An example of costume use is when children are asked to act out what they would like to be when grown up. They need firefighter, police officer, and of course, mommy and daddy costumes. All kinds of other costumes are needed, as well.

The school is also in need of storage units. There needs to be a place to keep everything, as we all know.

All of these things can be purchased by the school through catalogs. For that reason, I suggest that we write checks instead of buying the items ourselves. The checks need to be written to Oak Park Preschool, Inc. Whatever is donated will be greatly appreciated. Checks or items will be collected at the Holiday Luncheon on December 13. If you have any questions or concerns, please contact Mary Schneider, (916) 454-2995 or marymschneider@comcast.net.

Speech Trek Contest—Mark Your Calendars!

February 21, 2015 , 9:30 a.m. to 12 pm

- Valley Hi-Laguna North Library, 7400 Imagination Parkway, Elk Grove (Across from Consumnes River College)
- Listen to Elk Grove high school students speak to the 2015 topic:

“College...Is it Worth the Time and Expense?”

2013-2014 APPOINTED BOARD MEMBERS AND COMMITTEE CHAIRS

Book Groups: Linda Cook
lindacook5833@comcast.net

Communications Director:
Angela Scarlett
angela.scarlett@gmail.com

Email Tree: Shari Beck
gsbeck@surewest.net

Public Policy:
(Position is Open)

Happy Hour: Angela Scarlett
angela.scarlett@gmail.com

Hospitality: Anne Rhodes
rhodesmicasa@yahoo.com

Interest Groups Coordinator:
Laura Randles-Little
larandles@yahoo.com

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wyndelndonna@sbcglobal.net

Speech Trek: Shari Beck
gsbeck@surewest.net
Liz Jordan—
lizjord@msn.com

Sunshine: Jane Cooley
anniecooley@sbcglobal.net

Tech Trek: Izzy Brookshire
izzthe-

New Interest Groups Forming

By Laura Randles-Little

One of the benefits of being a member of AAUW Sacramento is the opportunity to meet other like-minded individuals who share your interests by participating in one of our many interest groups. Our branch is introducing three new interest groups. Please take a look at our new groups and contact the group leaders if you are interested in learning more about any of them. If you are interested in starting an interest group, please contact Interest Group Coordinator Laura Randles-Little as there is always the opportunity to form new groups.

- **Chamber Music:** This group will gather to play chamber music together. It will involve sight reading and will incorporate different instruments, skill levels and types of chamber music. Please contact Susan O'Connell for more information.
- **Creative Writing:** This group meets to discuss various aspects of writing. Members present challenges to each other and compare notes on each other's work. Please contact Jane Reinmuth for more information.
- **Travel:** This group is for members interested in learning more about different travel options. It is also a way to find travel partners who have similar interests. This group first met on Nov. 10. Please contact Sandi Schoenman for more information.
- Finally, due to the popularity of the **Healthy Heart** group, a second group is currently being formed. Please contact Laura Randles-Little if you would like to participate in this new group.

Seasons Greetings from former AAUW Scholarship Recipient Julie Debbs

Wishing Happy Holidays to you and your family! Because of my health, I have stepped way back on the speed in which I do things. However, I am still giving back to the world. AAUW's investment in me was not a waste. I continue to mentor other women, and I am working with the director of Women's Empowerment to assist with getting their clients into college. I know that the hand-holding required to do that makes all the difference. I am also teaching others how to get scholarships to further their education.

In addition, I know with certainty that I will leave this earth in a better place than I found it as I continue my work helping to empower other women. AAUW believed in me, and that means so much to me even though my health issues got in the way of my education and career goals for now. I still have faith in other women -- just like AAUW had faith in me -- because I know how it can make all the difference in someone's outlook on life. Thank you for all the help AAUW has given me along the way. HAPPY HOLIDAYS TO ALL OF AAUW!

Upcoming Events

Board Meeting

Dec. 1, 7 p.m.
SMUD Building
6201 S St.
Sacramento, CA 95817

Happy Hour

Blackbird Kitchen
Dec. 11, 5 p.m.—7 p.m.
1015 9th St, Sacramento, CA
95814

Holiday Luncheon

Dec. 13, 11 a.m.—1:30 p.m.
Northridge Country Club
7600 Madison Ave, Fair Oaks
95628

Speech Trek Contest

Feb. 21, 9:30 a.m.—12 p.m.
Valley High Laguna North
Library
7400 Imagination Parkway
Elk Grove

Mark Your Calendars for the Interbranch Luncheon

By Cherril Peabody

Mark Your Calendars!

You won't want to miss the Interbranch Council luncheon at Plates on Jan. 24. It will be a great opportunity to see old friends and enjoy a delicious lunch. Jennifer Randles, an AAUW fellow from this year, and Casey Knifsend, an AAUW fellow from last year, will speak.

Jennifer Randles received her Ph.D. in Sociology at the University of California, Berkeley, and is an assistant professor at California State University, Fresno. Her research explores how social and economic inequities affect American families and how policies address intimate inequalities and family-formation trends. Columbia University Press will publish her first book, *Legislating Love: Marriage Politics, Education, and Inequality in America*.

Casey Knifsend received her Ph.D. in Psychology at the University of California, Los Angeles, and is currently an Assistant Professor at California State University, Sacramento. She investigates how adolescent girls connect with their peers through sports and extracurricular activities. In her dissertation, she examines how these activities contribute to a positive, multifaceted sense of self for youth in ethnically diverse urban middle schools, with a focus on gender differences. She hopes to use her research to facilitate extracurricular programs that promote positive youth development, especially for girls.

Watch for more details and a registration form in next month's Capital Ideas!

Coffee Pot to Give Away

36-cup West Bend
coffee pot

Would like a new home

If you know of a worthy charitable group
who can use it,

please contact Gloria Yost, 961-3306 or
gloriayost@aol.com



Directories For Sale

If you need a new or second copy of the
Branch Directory:

- Please send a check for \$5 (postage already included) made out to **AAUW Sacramento**
- Mail it to: Sharon Anderson, 9045 Thilow Drive, Sacramento, 95826.
- If questions, call Sharon at 916-594-7650.

Donation Form

Do your holiday shopping early!

It's also a great opportunity to shop for birthdays, special events, or just because...

What do you get the person who has everything?

How about a donation to your favorite AAUW programs in the name of family or friends?

Donations to all AAUW programs are tax deductible!

If you are the one who has everything you need or want, consider asking your loved ones to contribute in your name to one of these funds.

Recipients will receive gift acknowledgements, and donors will receive a thank you letter that includes tax deduction information.

To give to your favorite AAUW outreach program, choose from the list below:

____ Sacramento Branch 100th Anniversary R & P grant # 4372

____ Scholarships ____ Speech Trek ____ Tech Trek

Donor name _____ Amount \$ _____

Address _____

Recipient name _____ in honor of _____

(Event, i.e. birthday)

Address _____

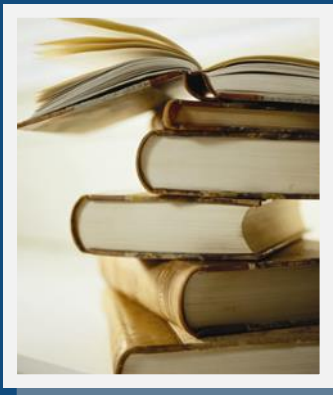
Please make the check payable to AAUW Sacramento and send the completed form with your donation to: Cathy Locke, 7012 Mercedes Avenue, Citrus Heights, CA 95621

AAUW Sacramento is a 501(C)(3) organization

Your donation is fully tax deductible.

Book Groups

By Linda Cook



To join a group, contact the Book Group Coordinator at: lindacook5833@comcast.net

Group 1

(Meetings in Elk Grove)
Third Thursday, 2 p.m.

December 18

Coordinator: Lois Collinsworth, (P) 685-3323

Group 2

First Tuesday, 1 p.m.

December 2

Coordinator: Jean Brown (P) 485-2358

Group 3

(Meetings in Mid-Town/East Sac)

Fourth Wednesday, 1 p.m.

Group does not meet in December

Coordinator: Carolyn Meeker (P) 451-8264

Group 4

Second Wednesday, 1 p.m.

December 10

Coordinator: Ellen Nathan

ralphnathan@comcast.net

Someone by Alice McDermott

Group 5

Second Monday, 1 p.m.

December 8

Coordinator: Joyce Mundel

jmundel@comcast.net

All the Light We Cannot See by Anthony Doerr

Group 6

Third Monday, 7 p.m.

December 15

Coordinator: Angela Scarlett

angela.scarlett@gmail.com

My Dog Skip by Willie Morris

Group 8

Fourth Monday, 7:14 p.m.

Does not meet in December

Coordinator: Kristi Youngdahl
flumehiker@gmail.com

Group 10

Third Thursday, 7 p.m.

December 18

Coordinator: Barbara Smith

bsmithfo@aol.com

Group 12

First Thursday, 7 p.m.

December 4

Coordinator: Linda Cook

lindacook5833@comcast.net

Group 33

First Thursday, 9:30 a.m.

December 4

Coordinator: Jane Pivetti

jpivetti@winfirst.com

Please note that since this is a holiday month, it might be advisable to check with the each book group's coordinator to confirm that they are meeting.

For a list of all of the books for a year for each book group, go to sacramento-ca.aauw.net, click on Book Groups, and then click on each book group icon.

Where:

Blackbird Kitchen + Beer Gallery
1015 9th St, Sacramento, CA

When: Thursday, December 11, 5-7 p.m.



Be the first to bring a new prospective member to Happy Hour and earn \$20 worth of food and drinks. As this is a public event, any new members may join that night for the reduced rate. Please contact Angela Scarlett at angela.scarlett@gmail.com or 916-612-8442 to give her an idea of how many will be attending. There are parking garages and some street parking near the venue.

INTEREST GROUPS

Art & Architecture

First Fridays @ 10 a.m.,
Next Event: December 5
Joan Miro Exhibit at Carnegie Arts Center, Turlock
Contact Deborah Dunn
jeddl@comcast.net | (916) 429-7645

Board Games: Daytime

Fourth Thursdays @ 1 p.m.
Next Meeting: TBD
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349
spouses/significant others welcome

Board Games: Night

Fourth Fridays @ 7 p.m.
Next Meeting: TBD
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
cell: (360) 560-3349
spouses/significant others welcome

Bridge I

Second Mondays @ 1 p.m.
Contact Jane Reinmuth
cajane42@aol.com | (916) 456-1844

"Bridge for Fun"

First Tuesdays @ 1 p.m.
Contact Jane Reinmuth
cajane42@aol.com | (916) 456-1844

"Chicago" Bridge Group

Fourth Wednesdays @ 10 a.m.
Contact Margot Leidig
MHLeidig@aol.com | (916) 972-8744

Couples Dining Out

Couples meet for dinner at different restaurants
Next Meeting: See you in 2015!
Contact Sharon Norris
x2ski@hotmail.com

Film Fans

Third Tuesdays (matinee)
Film TBD the Friday prior via email

Contact Cherril Peabody
capeabody@comcast.net | (916) 973-0821

Great Decisions I

Third Mondays @ 7 p.m.
Next Meeting: February 2015
Contact Linda Patterson
linkpatter@gmail.com | (916) 203-8953

Great Decisions II

Second Thursdays @ 7 p.m.
Next Meeting: See You in 2015
Contact Joan Hammond
hammondartsci@aol.com | (916) 489-8927

Great Decisions III

Third Mondays @ 1 p.m.
Next Meeting: See you in 2015!
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349

Healthy Heart Dinner

Second Sundays @ 6 p.m.
Next Event: December 14
Healthy eating and dinner conversation
Contact Jane Cooley
janecooley1@gmail.com | (916) 483-0302

History of America

First Wednesdays @ 3 p.m.
Next Meeting: December 3
Contact Pam Vaughn
psvaughn@comcast.net | (916) 476-4000

Readers' Theater

Come join in the fun!
Second Wednesday @ 7 p.m.
Next Meeting: TBA
Contact Diane Petersen
ladypetersen@earthlink.net | 916-214-4644

Scrabble Just for Fun

Last Monday @ 1 p.m.
Contact Vivian Counts
viviancounts@yahoo.com | 916-483-8827

Singles Dining Out

First Sundays @ 6 p.m.
Next Meeting: December 7
Contact Nancy McCabe
nancygant@yahoo.com | 916-383-8405

Small Theater Group

Enjoy and support local non-profit theatres.
Optional dining before or after the play
Select Sunday/Month matinee
Contact Inger Lindholm iml958@sbcglobal.net |
916-392-2511

Spanish Study

Fourth Mondays @ 6:30 p.m.
Next Event: February 2015
Read, translate, and discuss
Spanish language materials
Contact Hedda Smithson
fohedda@gmail.com | (916) 961-7214

Walk-to-Lunch

Second Thursdays @ 10 a.m.
Next Event: December 11
Sacramento River Levee
Contact Susan Potter
susanpotter1@comcast.net | (916) 392-6401

Please contact Laura Randles-Little with any interest group updates: larandles@yahoo.com



Celebrate The Season

Northridge Country Club, 7600 Madison Ave, Fair Oaks 95628

11:00 am – 1:30 pm

Entertainment provided by ARC flute quartet

We will be collecting items for Oak Park Preschool

in honor of Lois Graham

Holiday Luncheon Reservation Form - reservations due Dec. 6, 2014

Meal Choices: Please check one box.

Vegan available upon request

Send payment to: Dawn Boyd

1738 Berkeley Way, Sacramento 95819

Butter Lettuce Salad, Gorgonzola, Tomato w/a Balsamic Vinaigrette

Chicken, Havarti Crepes

Portabella Mushroom Ravioli with marinara sauce (vegetarian)

* Coffee or tea & cookies included

Name: _____

Address: _____

City/State/Zip: _____

Email: _____

Phone: _____

Guest: _____

Guest: _____

Payment Method

Check/Cash: # of Tickets ___ x \$26= Total Due: _____

Credit Card: VISA | MC | AMEX | DISC

of tickets _____ x \$26 = Total Due _____

Credit card #: _____

Exp. Date: _____ CVS #: _____

Billing Zip: _____

Name on Card (print): _____

Signature: _____



9045 Thilow Dr.

Sacramento, CA 95826

December Birthdays

- | | |
|----------------------------|-----------------------------|
| 1-Dec Becky Anton | 23-Dec Susan Bordner |
| 1-Dec Diana Squire | 23-Dec Marilyn Smith-Murphy |
| 4-Dec Jean Bonar | 24-Dec SueAnn Freeman |
| 4-Dec Catherine George | 26-Dec Ruth Ann Hines |
| 8-Dec Marcia Becwar | 27-Dec Linda Whitney |
| 8-Dec Diane Petersen | 29-Dec Nancy Lawrence |
| 10-Dec Martha Bleshman | 30-Dec Bonnie Penix |
| 11-Dec Shirley Sickert | |
| 11-Dec Angela Scarlett | |
| 14-Dec Laraine Silberstein | |
| 20-Dec Thanh Ho | |