

AAUW Sacramento supports opportunities for the personal and intellectual growth of women and girls through fellowship, collaboration and shared contribution in our community.

INSIDE THIS ISSUE:

President's Message	2
Volunteer Opportunities	2
Speech Trek	3
Fundraising Committee	3
Funds Update	4
Scholarships Update	4
Karen Duncanwood Talk Recap	5
Holiday Luncheon Recap	5
Meet a New Member	6
Directories for Sale	6
Happy Hour	6
Book Group Sections	7
Interest Groups	8
Birthdays	9

Don't Miss the IBC Luncheon By Cherril Peabody

**Reservation deadline
is January 19**

January 24, 11:30 a.m.

Plates Café, 14 Business Park Way

Sacramento, 95828

Please join on us January 24 at the annual Capitol Counties Interbranch Council Luncheon at Plates Restaurant, 14 Business Park Way, Sacramento. This will be our January branch meeting in conjunction with other branches in our district. It is a great opportunity to meet members from other branches and hear some inspiring speeches from AAUW fellows.

Casey Knifsend, a fellow from last year who is an Assistant Professor in psychology at California State University, Sacramento, received her Ph.D. in psychology from the University of California, Los Angeles. She researches how adolescent girls connect with their peers through sports and extracurricular activities.

Jennifer Randles, a fellow from this year, is an Assistant Professor in sociology at California State University, Fresno. She received her Ph.D. in sociology from the University of California, Berkeley. She investigates how social and economic inequities affect American families.

The cost of the luncheon is \$26, including tax and gratuity. The deadline for reservations is January 19. Please use the registration form included in the newsletter email or directly on our website.



President's Message

2014-2015 ELECTED BOARD OF DIRECTORS

President

Cherril Peabody
capeabody@comcast.net

President-Elect

Nancy McCabe
mccaben@comcast.net

Program Director

Gloria Yost
gloriayost@aol.com

Co-Membership Directors

Vicky Lovell
lovell.vicky@gmail.com
Linda Tinker
richborough2342@att.net

Acting AAUW Funds Directors

Donna Holmes
wyndelndonna@sbcglobal.net
Marty McKnew
martycknew@comcast.net

Finance Director

May Ruth Lynch
mayrlynch@comcast.net



President Cherril Peabody

Happy New Year! The new year brings an opportunity to start fresh, perhaps with personal New Year's resolutions to get more exercise, eat more healthy food and even to have more fun, travel more often, and listen with a more tolerant ear to the relative whose complaints drive you crazy. I don't usually make resolutions, but this year I am resolving to take a few minutes more often to respond to the AAUW Action emails asking for support for important issues affecting women and

girls.

I think sometimes we all feel overwhelmed when we see all the horrible stuff that's going on in the world, and we wonder what one person can possibly do to make a difference. I was inspired by our November WOW speaker, Karen Duncanwood, who did such a brave thing when she stepped up to being a Freedom Rider in Mississippi 50 years ago.

Probably none of us is able to take that big a step today, but there are always little things to do to help our community and the world and to be an example to others. It means a lot on our small stage when our branch can help a woman complete her education, or inspire a girl to consider a scientific career, or encourage a teenager to develop an idea about an important issue into an effective speech. Thanks for your help in making our projects bear fruit. Let's see what else we can do this year on an individual and group basis to make a difference, no matter how small!

Current Board Positions Open for AAUW Sacramento

- **Public Policy Director**—The public policy director is responsible for educating branch members and the community about AAUW positions on state and national legislation, advocating for those positions and is a voting member of the board of directors.
- **Funds Director**—The AAUW Funds director shall be responsible for both the education of the branch and the community about AAUW Funds programs, and for fundraising for said programs, and is a voting member of the board of directors.
- **Fundraising Committee Chair**—This position heads the fundraising committee which is dedicated toward raising funds for both national and branch projects, such as AAUW Funds and Tech Trek
- **Secretary** – The secretary attends board meetings and branch meetings and prepares official minutes on actions taken at the meetings.

Contact President Cherril Peabody at capeabody@comcast.net if interested in any of the positions.

Speech Trek Speech Contest, Saturday, Feb. 21, 2015

By Liz Jordan



College graduates today have accumulated more than *one trillion dollars* in outstanding student loan debt!

For generations, adults have told young people that a college education is the key to a good job, to making more money, and to having a better life. For 133 years, AAUW has encouraged the importance of higher education through legislative advocacy, national fellowship grants, and local scholarship programs.

However, once-free public education has become enormously expensive as state legislatures fund other public interests. Tuition, housing, and materials costs continue to rise. Getting through in four years can be nearly impossible in some institutions of higher learning.

As a result, students are graduating from college with thousands of dollars in loan debt. Unemployment and underemployment have presented stubborn obstacles to career building.

Next month, AAUW Sacramento Branch will hold our 8th Annual Speech Trek Contest, and we are asking Elk Grove Unified School District high school students to explain in a 5-6 minute speech: *Is College worth the time and expense?* Please join us and hear how students answer this timely question.

Saturday, February 21, 2015

Valley Hi-North Laguna Library

7400 Imagination Parkway, just off Bruceville Road across from Cosumnes River College

9:00 a.m. to 12:00 noon

Our winners this year will take home prize money between \$100-\$400! All speeches will be video taped, and the winning speech will be entered in the AAUW State Speech Trek Contest with prize money between \$500-\$1,500. These young people provide an exciting and interesting program you don't want to miss.

Fundraising Committee Update

By Cherril Peabody

Though the Fundraising Committee doesn't have a director, we have been busy nonetheless. Gloria Yost, Liz Jordan and Donna Holmes are writing grant proposals to benefit Tech Trek, Speech Trek and Scholarships, with more to come, and we have started planning a major fundraising event, which we hope you will all support.

We had tentatively planned on having a phantom tea to support our 100th Anniversary Fund, but we have decided to incorporate that into our Installation Tea options, so as not to burden you with too many fundraisers.

Continued on Page 7

2013-2014 APPOINTED BOARD MEMBERS AND COMMITTEE CHAIRS

Book Groups: Linda Cook
lindacook5833@comcast.net

Communications Director:
Angela Scarlett
angela.scarlett@gmail.com

Email Tree: Shari Beck
gsbeck@surewest.net

Public Policy:
(Position is Open)

Happy Hour: Angela Scarlett
angela.scarlett@gmail.com

Hospitality: Anne Rhodes
rhodesmicasa@yahoo.com

Interest Groups Coordinator:
Laura Randles-Little
larandles@yahoo.com

Membership Treasurer:
Sharon Anderson
anderson.aauw@att.net

Newsletter Editing :
Kim Rutledge
kimdawnrut@gmail.com

Newsletter Mailing: Shari Beck
gsbeck@surewest.net

Parliamentarian: Ruth Ann Hines
rahcfh7925@att.net

Phone Tree: Cathy Locke
clocke@sacbee.com

Reservations: Dawn Boyd
darnone1@att.net

Scholarships: Molly Dugan
madugan@hotmail.com
Donna Holmes
wyndelndonna@sbcglobal.net

Speech Trek: Shari Beck
gsbeck@surewest.net
Liz Jordan—lizjord@msn.com

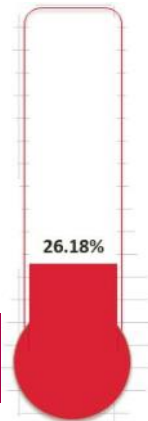
Sunshine: Jane Cooley
anniecooley@sbcglobal.net

Tech Trek: Izzy Brooshire
izzthrower@comcast.net

Funds Update

By Donna Holmes & Marty McKnew

Happy New Year! The branch's funds directors want to thank all of you for your support. As of October 31, 2014, the Sacramento branch has donated \$19,638 towards our \$75,000 100th Anniversary Grant. We are doing well and plan to keep making progress.



Scholarship Updates by Molly Dugan

Andrea Weathington and Thanh Ho, two of our four scholarship recipients for 2014-2015, spoke at the holiday luncheon on Dec. 13. The other two recipients, Venice Nguyen and Sharay Robinson, will speak at an upcoming branch event to be announced.

AAUW Sacramento is now accepting applications for 2015-2016 scholarships. If you know of anyone who is interested in learning more, please contact scholarship co-chairs Molly Dugan and Donna Holmes at madugan@hotmail.com. The deadline to apply is Feb. 14.



Thanh Ho, scholarship winner, 12-13-2014

Thanh Ho, 26, is studying health care administration at CSUS. She wants to help low-income people better access health care services. Ho grew up in Hue, Vietnam and moved to the U.S. six years ago and began studying English. She works as an In-Home Supportive Services caregiver for her mother and grandmother, and is active in the CSUS Multi-Cultural Center and plans to join the CSUS AAUW chapter.

Andrea Weathington, 30, is studying Communications at Sacramento City College after a 10 year hiatus from school. She planned to be a drug and alcohol counselor, but "fell in love" with Communications after taking a General Education class. She plans to transfer to CSUS in the fall to complete a bachelor's degree, and is considering pursuing a master's degree. She is mom to Mackenzie, 10, and just got engaged to be married.



Andrea Weathington, scholarship winner, 12-13-2014

Upcoming Events

Board Meeting

Jan. 5, 7 p.m.—8:30 p.m.
Dept. of Human Assistance,
2700 Fulton Ave., Room 58
Sacramento

Happy Hour

Ella Dining Room and Bar
Jan. 14, 5 p.m.—7 p.m.
1131 K Street, Sacramento

IBC Luncheon

Jan. 24, 11:30 a.m.—1:00 p.m.
Plates Cafe
14 Business Park Way
Sacramento

Speech Trek Contest

Feb. 21, 9:30 a.m.—12 p.m.
Valley High Laguna North
Library
7400 Imagination Parkway
Elk Grove

Fundraiser - Theater Party

March 15, 2:00 p.m.
Unsinkable Molly Brown 24th
Street Theater 2791 24th
Street Sacramento

Author's Luncheon

April 11, 2015, 11:30 a.m. -
2:30 p.m.
Plates Café
14 Business Parkway
Sacramento

Activist Karen Duncanwood Speaks

By Gloria Yost

On the 50th anniversary of the civil rights Freedom Summer of '64, activist Karen Duncanwood spoke passionately about her experiences as a member of a volunteer group in Mississippi that was met by groups of angry white people and welcomed by the black community. While attending what was then San Francisco College (now San Francisco State University), Duncanwood learned about the struggles of black citizens who were trying to register to vote in Mississippi. Against her parent's wishes, she made a life-changing decision to volunteer for the cause.

Duncanwood was assigned to teach remedial skills and black history in a black church in the small rural town of Canton in order to help people become voters. To vote, blacks had to pass strict voting registration exams that could require the registrant to write an essay explaining any paragraph pulled from the Mississippi state constitution. They were also charged a poll tax.

During her time in Mississippi that summer, she faced law enforcement officers who wore their uniforms by day and Ku Klux Klan robes by night. There were beatings, murders, and firebombings. Activists, along with others who sympathized with the blacks, were terrorized with threats. As Duncanwood says, "The terror we experienced that summer was something out of a horror movie."

During her talk, Duncanwood emphasized that volunteers like herself were not the stars of this movement, but the black community who worked to create lasting change, particularly the WWII veterans and land-owning farmers.

Because our branch made a special effort to insure that this event was well-publicized, we had many non-members attend this event, including a drop-in from the library.

This well-attended meeting was the final presentation of the 10-year WOW (Women of the World) program.

Holiday Luncheon Enjoyed by All by Gloria Yost



*The American River College Flute Quartet Performing
At the Holiday Luncheon*

Everyone shared in the festivities and good cheer at the beautifully decorated Northridge Country Club as we gathered for our annual holiday luncheon. The warm atmosphere was set by Mary Williams playing beautiful music as members and guests entered. We heard heartwarming presentations by scholarships recipients Thanh Ho and Andrea Weathington, who shared their stories of struggles and their dreams for the future. Our philanthropic efforts were directed to the Oak Park Preschool in memory of past president, Lois Graham, and donations totaled \$850 plus some books and requested items. The very talented members of a flute quartet under the direction of Susan Hamre from American River College delighted us with their beautiful music, followed by an opportunity for members and guests to sing some

carols and wish our good AAUW friends a happy holiday.

Meet a New Member by Linda Tinker

Have you met the lady with the warm smile and welcoming manner who greets each member at the registration table as they enter our meetings? She's **Dawn Arnone Boyd**, who joined our branch in 2013 and quickly agreed to serve as this year's Reservations Chair. "This position has allowed me the opportunity to meet many members and make new friends," she says.

In November 2013, Dawn and her husband, Fred, moved to Sacramento from Livermore when Fred accepted a position as a workers' comp attorney at Travelers Insurance. Dawn works as a substitute teacher in the Sacramento Unified School District. They have three grown children: Mariah, Ashley and Taylor. Dawn and Fred enjoy movies, plays, and gardening. Their other love is entertaining in their wonderful 85-year-old East Sacramento home.

This is Dawn's first experience with AAUW, and she enjoys the time she spends with AAUW Sacramento members because "through AAUW I've become better acquainted with the many things Sacramento has to offer and the friendly people who live here." She loves attending the many interest groups she has joined, including Great Decisions, Board Games, Art and Architecture, and Walk to Lunch.

Next time you see Dawn, introduce yourself and get acquainted! She's looking forward to meeting you!

Welcome to Sacramento, Dawn, and thank you for willingly pitching in to help make our branch a success.

Directories For Sale

If you need a new or second copy of the Branch Directory:

- Please send a check for \$5 (postage already included) made out to **AAUW Sacramento**
- Mail it to: Sharon Anderson, 9045 Thilow Drive, Sacramento, 95826.
- If questions, call Sharon at 916-594-7650.



Where:

Ella Dining Room and Bar
1131 K Street (Corner of 12th & K Street)

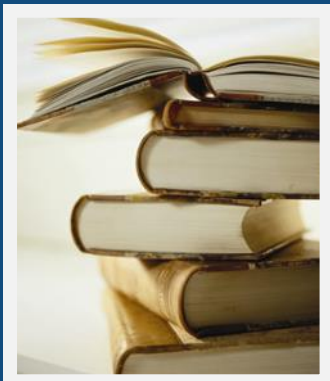
When: Wednesday, January 14, 5-7 p.m.

Be the first to bring a new prospective member to Happy Hour and earn \$20 worth of food and drinks. As this is a public event, any new members may join that night for the reduced rate. Please contact Angela Scarlett at angela.scarlett@gmail.com or 916-612-8442 to give her an idea of how many will be attending.

Ella validates parking after 5 p.m. in City Lots located at: 10th and L Streets & 11th and I Streets

Book Groups

By Linda Cook



To join a group, contact the
Book Group
Coordinator at:
lindacook5833@comcast.net

Group 1

(Meetings in Elk Grove)

Third Thursday, 2 p.m.

January 15

Coordinator: Lois Collinsworth, (P) 685-3323

Group 2

First Tuesday, 1 p.m.

January 6

Coordinator: Jean Brown (P) 485-2358

Group 3

(Meetings in Mid-Town/East Sac)

Fourth Wednesday, 1 p.m.

January 28

Coordinator: Carolyn Meeker (P) 451-8264

Zealot by Reza Aslan

Group 4

Second Wednesday, 1 p.m.

January 14

Coordinator: Janelle Kauffman

Janellebooks@yahoo.com

Book Selection Meeting

Group 5

Second Monday, 1 p.m.

January 12

Coordinator: Joyce Mundel

jmundel@comcast.net

The Cook's Temptation by Joyce Wayne

Group 6

Third Monday, 7 p.m.

January 19

Coordinator: Angela Scarlett

angela.scarlett@gmail.com

And Then There Were None by Agatha Christie

Group 8

Fourth Monday, 7:14 p.m.

January 26

Coordinator: TBA

Group 10

Third Thursday, 10 a.m.

January 15

Coordinator: Sandi Schoenman

curlilox40@sbcglobal.net

The Goldfinch by Donna Tartt

Group 12

First Thursday, 7 p.m.

January 1

Coordinator: Linda Cook

lindacook5833@comcast.net

Group 33

First Thursday, 9:30 a.m.

January 1

Coordinator: Jane Pivetti

jpivetti@winfirst.com

For a list of all of the books for a year for each book group, go to sacramento-ca.aauw.net, click on Book Groups, and then click on each book group icon.

Fund Raising Committee Report Continued from page 3

In March we hope you will be ready for some entertainment, and we are planning a musical theatre party fundraising event, courtesy of Runaway Stage, the company that previously captivated us with "Legally Blonde" two years ago. This year they are producing an old favorite, "The Unsinkable Molly Brown," which promises to be great fun, and we have bought out the house for Sunday afternoon, March 15. This event will benefit the Funds programs, Scholarships, Speech Trek and Tech Trek. We hope you will all come and bring your friends and family to an engaging afternoon performance with a wine and cheese reception. You will hear more details about this event soon.

INTEREST GROUPS

Art & Architecture

First Fridays @ 10 a.m.,
Next Event: TBD (Jan. 2 or 9)
Local Artist's Studio Tour
Contact Deborah Dunn
jeddl@comcast.net | (916) 429-7645

Board Games: Daytime

Last Thursdays @ 1 p.m.
Next Meeting: January 29
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349
spouses/significant others welcome

Board Games: Night

Last Friday @ 7 p.m.
Next Meeting: January 20
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
cell: (360) 560-3349
spouses/significant others welcome

Bridge I

Second Mondays @ 1 p.m.
Next Meeting: January 12
Contact Jane Reinmuth
cajane42@aol.com | (916) 456-1844

"Bridge for Fun"

First Tuesdays @ 1 p.m.
Next Meeting: January 6
Contact Jane Reinmuth
cajane42@aol.com | (916) 456-1844

"Chicago" Bridge Group

Fourth Wednesdays @ 10 a.m.
Next Meeting: January 28
Contact Margot Leidig
MHLeidig@aol.com | (916) 972-8744

Couples Dining Out

Couples meet for dinner at different restaurants
Fourth Sunday @ 6 p.m.
Next Meeting: January 25
Contact Sharon Norris
x2ski@hotmail.com

Film Fans

Third Tuesdays (matinee)
Film TBD the Friday prior via email
Next Event: January 20
Contact Cherril Peabody
capeabody@comcast.net | (916) 973-0821

Great Decisions I

Third Mondays @ 7 p.m.
Next Meeting: February 2015
Contact Linda Patterson
linkpatter@gmail.com | (916) 203-8953

Great Decisions II

Second Thursdays @ 7 p.m.
Next Meeting: January 8
Contact Joan Hammond
hammondartsci@aol.com | (916) 489-8927

Great Decisions III

Third Mondays @ 1 p.m.
Next Meeting: January 19
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349

Healthy Heart Dinner

Second Sundays @ 6 p.m.
Next Event: January 11
Healthy eating and dinner conversation
Contact Jane Cooley
janecooley1@gmail.com | (916) 483-0302

History of America

First Wednesdays @ 3 p.m.
Next Meeting: January 7
Contact Pam Vaughn
psvaughn@comcast.net | (916) 476-4000

Readers' Theater

Come join in the fun!
Second Wednesday @ 7 p.m.
Next Meeting: January 14
Contact Diane Petersen
ladypetersen@earthlink.net | (916) 214-4644

Scrabble Just for Fun

Last Monday @ 1 p.m.
Next Meeting: January 26
Contact Vivian Counts
viviancounts@yahoo.com | (916) 483-8827

Singles Dining Out

First Sundays @ 6 p.m.
Next Meeting: January 4
Contact Nancy McCabe
nancygant@yahoo.com | (916) 383-8405

Small Theater Group

Enjoy and support local non-profit theatres.
Optional dining before or after the play
Select Sunday/Month matinee
Contact Inger Lindholm im1958@sbcglobal.net | (916) 392-2511

Spanish Study

Fourth Mondays @ 6:30 p.m.
Next Event: February 2015
Read, translate, and discuss
Spanish language materials
Contact Hedda Smithson
fohedda@gmail.com | (916) 961-7214

Walk-to-Lunch

Second Thursdays @ 10 a.m.
Next Event: January 8
Sacramento River Levee
Contact Susan Potter
susanpotter1@comcast.net | (916) 392-6401

Travel*

Next Meeting: January 13 @ 10 a.m.
Location: Home of Pat Winkle
Contact: Sandi Schoenman
curlilox40@sbcglobal.net | (916) 966-2535

***New Interest Group**

Please contact Laura Randles-Little with any interest group updates: larandles@yahoo.com



9045 Thilow Dr.

Sacramento, CA 95826

January Birthdays

3-Jan Marlene Parkinson

5-Jan Lois Collinsworth

5-Jan Gail Reed

6-Jan Marilyn Orrick

8-Jan Judith Smith

8-Jan Mary Ann Fleming

15-Jan Cecelia Angell

15-Jan Jane Pivetti

16-Jan Gail Johnson

17-Jan Jo Anne Forston

17-Jan Gloria Yost

17-Jan Kathleen Randles

18-Jan Gretchen Christophel

20-Jan Lynette de St. Croix

21-Jan Lillieanne Chase

21-Jan Cathy O'Connell

23-Jan Kim Rutledge

24-Jan Betty Hayes

26-Jan Katherine Henderson

27-Jan Joan Hammand

28-Jan Georgia Richardson

29-Jan Mary Caroline Woods

31-Jan Molly Dugan