

Sacramento

AAUW Sacramento supports opportunities for the personal and intellectual growth of women and girls through fellowship, collaboration and shared contribution in our community.

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Capital Ideas

APRIL 2015 VOL. 82 NO. 2

Annual Authors Luncheon Saturday, April 11, 11:30 a.m. – 2:30 p.m.

Featuring our guest author, Karen Levy

Plates Café & Catering
14 Business Park Way, 95822
Free Parking Available

Israeli American writer Karen Levy spent most of her childhood traveling between her native land and the United States. Commuting between these two countries and having a keen eye for detail afforded Levy the knowledge necessary to recount the immigrant experience in her memoir, *In My Father's Gardens*.

It is the story of a young girl who comes of age in two languages, and on two shores, between warring parents and rules that change. Levy will read excerpts as she discusses her writing experience and shares her story. Her book will be available for purchase.

The cost is \$26 (\$28.29 if using Eventbrite), including tax and tip. Registration will begin at 11 a.m., so come early to socialize and renew your dues. Complimentary coffee and tea will

be available as well as wine (\$6) and beer (\$5).

During the business meeting, officers for 2015-2016 will be elected. This meeting is open to the public, so please invite friends and prospective members. Don't miss this opportunity to meet Karen Levy and ask questions.

(see page 11 for Reservation Form)

Or choose to register online via Eventbrite: <https://www.eventbrite.com/e/aaaw-sacramento-authors-luncheon-tickets-15958874423>

Plates Café & Catering is an integral part of an 18-month program designed to move homeless families from the street to self-sustainability.



President's Message

2014-2015 ELECTED BOARD OF DIRECTORS

President

Cherril Peabody
capeabody@comcast.net

President-Elect

Nancy McCabe
mccaben@comcast.net

Program Director

Gloria Yost
gloriayost@aol.com

Secretary

Charlotte Luallin
c.luallin@comcast.net

Co-Membership Directors

Vicky Lovell
lovell.vicky@gmail.com
Linda Tinker
richborough2342@att.net

AAUW Funds Directors

Donna Holmes
wyndelndonna@sbcglobal.net
Marty McKnew
martymcknew@comcast.net

Finance Director

May Ruth Lynch
mayrlynch@comcast.net



President Cherril Peabody

Spring is in the air, and we have several more fun activities to experience before this AAUW program year is over. But before talking about those, I want to thank everyone who participated in our recent musical theater fundraiser, "The Unsinkable Molly Brown." I don't yet have the final tally on how much we netted, but thanks to all of you who bought tickets or made contributions at the last minute, we made a profit and had a fun event. I want particularly to thank our Fundraising Committee members who took time away from their

project responsibilities to do whatever needed to be done. They are Gloria Yost, Donna Holmes, Marty McKnew, Molly Dugan, Liz Jordan, Shari Beck, Izzy Brookshire, Nancy McCabe, and May Ruth Lynch. Whatever would I have done without you! Thanks are also due to the interest group leaders and others who sold tickets.

Our next branch event is the Authors Luncheon on April 11 at Plates. If you haven't sent in your reservation form yet and want to attend, go on Eventbrite or call Reservations Chair Dawn Arnone Boyd today. The reservation deadline is April 3. You can read more about the program and our guest author, Karen Levy, elsewhere in this newsletter. Our election of AAUW officers will take place at this event, too.

Speaking of elections, both state and national AAUW elections are coming up in the next couple of months. Look for more details in this newsletter.

Our last branch meeting will be the Installation Tea on May 16, and that should be a lovely – and delicious – event. You will learn more about it in next month's newsletter.

Mark Your Calendars! You're All Invited

Potluck Social

Saturday, June 13, 2015

4-7 p.m.

Della & John Knowles' beautiful back yard

Spouses and friends welcome

Financial Literacy for Girls

By Linda Whitney & Gloria Yost

Consider these questions:

1. Is it important to learn how to make a budget?
2. Should I know how to use a debit card?
3. How much should I spend on housing and utilities?
4. Can I still spend some money on entertainment and fun?
5. How much do children cost?
6. What should I budget for food?

The above questions and many more are addressed in a wonderful financial literacy program presented to high school students by SAFE Credit Union (SCHOOLS and Golden 1 have similar programs). SAFE Credit Union has also made very successful presentations to Tech Trek girls at UC Davis.

AAUW has been very interested in programs that help girls make decisions regarding how to use money wisely.

Now, **we** have a chance to help support financial literacy programs. Both SAFE Credit Union and SCHOOLS Credit Union are in need of volunteers to help them implement their programs in area high schools. Five of our branch members will be helping with a presentation in early April.

There is a need for more volunteers. Are **YOU** interested in helping?

If so, please contact:

Linda Whitney at 916-421-0341 or lnlwhitney@sbcglobal.net

or Gloria Yost at 916-961-3306 or gloriayost@aol.com.

Directories For Sale

If you need a new or second copy of the Branch Directory:

- Please send a check for \$5 (postage already included) made out to **AAUW Sacramento**
- Mail it to: Sharon Anderson, 9045 Thilow Drive, Sacramento, 95826.
- If questions, call Sharon at 916-594-7650.

2014-2015 APPOINTED BOARD MEMBERS AND COMMITTEE CHAIRS

Book Groups: Linda Cook
lindacook5833@comcast.net

Communications Director:
Angela Scarlett
angela.scarlett@gmail.com

Email Tree: Shari Beck
gsbeck@surewest.net

Public Policy: Robin Howlett
howlett.robin@gmail.com

Happy Hour: Angela Scarlett
angela.scarlett@gmail.com

Hospitality: Anne Rhodes
rhodesmicasa@yahoo.com

Interest Groups Coordinator:
Laura Randles-Little
larandles@yahoo.com

Membership Treasurer:
Sharon Anderson
anderson.aauw@att.net

Newsletter Editing :
Kim Rutledge
kimdawnrut@gmail.com

Newsletter Mailing: Shari Beck
gsbeck@surewest.net

Parliamentarian: Ruth Ann Hines
rahcfh7925@att.net

Phone Tree: Cathy Locke
clocke@sacbee.com

Reservations: Dawn Arnone Boyd
darnone1@att.net

Scholarships: Molly Dugan
madugan@hotmail.com
Donna Holmes
wyndelndonna@sbcglobal.net

Speech Trek: Shari Beck
gsbeck@surewest.net
Liz Jordan—lizjord@msn.com

Sunshine: Jane Cooley
janecooley1@gmail.com

Tech Trek: Izzy Brooshire
izzthrower@comcast.net

Former Trekkers a Welcome Sight

By Izzy Brookshire



Former Tech Trekker Adrienne Aho

said that the biggest reason she had a project at the fair was because of her attendance at Tech Trek. She says she is so grateful for that experience.

Makenna was enthralled with the courses in veterinary medicine, but also

enjoyed learning about STEM careers she had never thought of before. Like Adrienne, Makenna looks forward to becoming a junior counselor once she's a sophomore in high school.

As we gear up for another great year in Tech Trek, it's wonderful to hear our former Trekkers are sticking with STEM and hoping to stay involved with the program. We can look forward to hearing from them at future events as the 2015 camp

nears. We will be announcing our 2015 campers on April 4 on our Branch website, so be sure to check it out.

If you are interested in assisting with Tech Trek within our Branch, please contact me at

izztherower@comcast.net.

I am looking for help with anything from donations and sponsorship outreach to event coordinating of camper meet-and-greets.

You can also reach me at (916) 995-0046.



Former Tech Trekker Makenna Ballard

Upcoming Events

Board Meeting

April 6, 7 p.m.—8:30 p.m.
Dept. of Human Assistance,
2700 Fulton Ave., Room 58
Sacramento

Happy Hour

Sacramento Sheraton Grand
1230 J Street, Sacramento,

Authors Luncheon

April 11, 2015, 11:30 a.m. -
2:30 p.m.
Plates Café
14 Business Parkway
Sacramento

Installation Tea

May 16, 2015
1 pm. - 3 pm.
Rancho Cordova City Hall
2729 Prospect Park Drive
Rancho Cordova

Announcement of Slate of Nominees for Board of Directors for 2015-2016

President	Nancy McCabe
President Elect	Unfilled at present
Program Director	Linda Patterson
Membership Directors	Linda Tinker, Shirley Wheeler
AAUW Funds Directors	Donna Holmes, Marty McKnew
Finance Director	May Ruth Lynch
Secretary	Jenny Woltz

Scholarships Awarded

By Molly Dugan



“The committee had exceptionally qualified applicants this year, making it a joy to give these awards”

The AAUW Sacramento Scholarship Committee awarded \$2,000 scholarships to four outstanding students for the 2015-2016 academic year.

Christina DeOllos, 25, is majoring in Civil Engineering at CSUS, and is the first in her family to attend college. She currently works as a Program Assistant for the MESA Center at Sacramento City College, volunteers as a math and science tutor and serves in leadership roles in several academic and professional organizations. She plans to graduate in May 2017.

Thanh Ho, 27, is a second-year AAUW scholarship recipient in her junior year at CSUS where she is studying Healthcare Administration. Thanh works as an In-Home Supportive Services caregiver for her family and a campus library assistant.

She also volunteers for the CSUS Multicultural Center. She moved to the United States from Vietnam 7 years ago.

Thanh will be receiving the 4th Mary and Donn Random Memorial Scholarship funded by Donna Holmes in memory of her parents.

Christina Ibarra, 39, is studying Speech and Language Pathology at American River College, and will transfer to CSUS this fall. A single mother of two teenagers and the first in her family to attend college, Christina plans to earn a master's degree and work with special needs children. Since enrolling at American River College, she has maintained a 4.0 grade average.

Rachel Jahnsen, 39, is majoring in Theater Arts and English at CSUS and plans to use drama edu-

cation to help special needs children with communication and teamwork skills. A single mother of three, she was inspired to teach theater by her eldest son, who has Asperger's Syndrome. She also works as an after school drama instructor at Carnegie Middle School.

The committee had exceptionally qualified applicants this year, making it a joy to give these awards. Thank you to all our committee members who posted scholarship information, evaluated applications and made this a wonderful year. Thank you also to everyone who donated – you are making a difference for these deserving women.

AAUW State and National Elections Are Coming Up!

AAUW members will vote for new state and national leaders beginning this month. In addition, there are proposed changes to the national public policy and bylaws. We will be given an extended period of time to vote this year.

Public Policy Director Robin Howlett will keep us informed about these proposed changes. The bylaw change would remove ALL educational requirements for joining AAUW. With “one member, one vote,” it is important that you say what you think by voting on this change.

The national AAUW election period begins April 15. Those members who prefer to vote with a paper ballot may request a ballot between April 3 and May 8.

The deadline for submitting paper ballots is May 26. Those who prefer to vote online will have until June 19 to complete their voting. Members will find their Member ID number and their voter PIN, both of which are needed to vote, on the back cover of the Spring issue of Outlook magazine. Complete national election information can be found in the new issue of Outlook or online here: <http://www.aauw.org/resource/national-election/>.

Our own member Alicia Hetman is the slate’s nominee for Vice President.

California AAUW’s voting period is April 18 through May 8. We will be electing a President-Elect, Chief

Finance Officer, Secretary, and several board members.

You can view the slate online at www.aauw-ca.org, and then click on elections. A new member of our branch who transferred her membership from the east this year, Char-men Goehring, is a candidate for the board. The candidates will be introduced at the AAUW CA Annual Meeting, scheduled for April 18 in Manhattan Beach.

Watch your incoming emails and postal mail for more details about these important elections.



“The

bylaw change would remove ALL educational requirements for joining AAUW. With “one member, one vote,” it is important that you say what you think by voting on this change.”



Congratulations to our Named Branch Gift Honorees

By Donna Holmes & Marty McKnew

Each year we try to pick a theme for selecting our named branch gift honorees. This year we have chosen to recognize past presidents who had never been recognized by our branch. We would not exist as a branch without the ladies who step up to lead us and accept the presidency when called. Thanks to all of you who have served, and espe-

cially to this year's honorees:

- Molly Dugan – Past President 2011-2013
- Nancy Lawrence – Past President 1994-1996 & 2004-2006
- Marty McKnew – Past President 2009-2010
- Barbara Smith – Past President

2006-2007

These ladies will be honored at our tea on May 16. Look for future articles on all they have done for AAUW. They are truly role models.

Join the Tea Party

By Gloria Yost

Help celebrate Sacramento Branch's 95th Anniversary

Experience a little Downton Abbey as we celebrate the 95th anniversary of Sacramento Branch's founding and install our 2015-2016 officers. Committee members are busy making prepara-

tions for a delightful afternoon experience.

Please mark your calendars:

- Saturday, May 16, 1-3 p.m.
- Rancho Cordova City Hall, 2729 Prospect Park Drive,



Rancho Cordova

- Plan to bring your favorite teacup along with its story

Meet New Sacramento Member Susan McLearn By Linda Tinker



Susan McLearn joined AAUW Sacramento in 2014, but she has been an AAUW member since 1970.

She is a Clinical Instructor in Dental Hygiene at Sacramento City College and taught at Fresno City College before moving to Sacramento. She has a degree in Dental Hygiene from University of California, San Francisco, and a Master's degree from California State University, Fresno.

Along with teaching, she has worked for several dentists and as a RDHAP (Registered Dental Hygienist in Alternative Practice). She has had a solo practice in nursing homes and private care.

In addition to her AAUW membership, Susan is also a member of her professional organization and works to advance legislation to increase the scope of practice for dental hygienists.

She joined AAUW because our goals paralleled her

interests in women's issues and education. She served as president of the Visalia-Sequoia AAUW branch.

Susan has two adult children who include her in many of their pursuits. She also enjoys the arts – plays, concerts, and other artistic efforts.

When you see Susan, introduce yourself and welcome her to AAUW Sacramento. She is a great addition to our group.

AAUW Sacramento Members Discuss the Wage Gap

Lisa Beauchamp and Brandy Shiners were invited to speak about the wage gap to the California State University, Sacramento, College Assistance Migrant Program (CAMP) at the California State Capitol on Friday, Feb. 27. CAMP is a unique educational program that helps students from migrant and seasonal farm worker backgrounds to succeed at college.

CAMP was created in 1981, and its goal is to help students navigate through college life by providing assis-

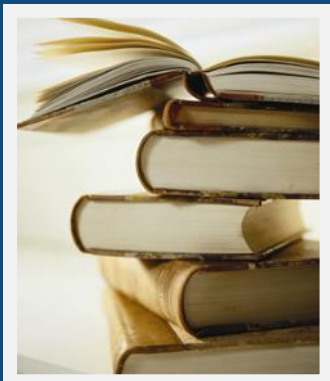
tance with forms for financial aid, admission, and other university services. CAMP also provides a support system that will help improve the students' study skills and lead to a successful path to graduation.

Beauchamp, Shiners, and Gail Reed were honored to speak at CAMP's meeting. They discussed how the wage gap impacts the students, and how with the power of information they can negotiate their salaries.

They also informed the students about AAUW's \$tart \$mart salary negotiation program and hope to bring this valuable program to them in the near future. All three women enjoyed spending the afternoon with the CAMP students and look forward to working with CSUS again soon.

Book Groups

By Linda Cook



To join a group, contact the Book Group Coordinator at: lindacook5833@comcast.net

Book Group 5 has room for additional members.

If you're interested in a book group that meets the 2nd Monday at 1 p.m. contact the coordinator, Joyce Mundel, at jmundel@comcast.net.

Group 1

(Meetings in Elk Grove)

Third Thursday, 2 p.m.

April 16

Coordinator: Lois Collinsworth, (P) 685-3323

Sycamore Row by John Grisham

Group 2

First Tuesday, 1 p.m.

April 7

Coordinator: Jean Brown (P) 485-2358

The Children of Willesden Lane by Mona Golabek

Group 3

(Meetings in Mid-Town/East Sac)

Fourth Wednesday, 1 p.m.

April 22

Coordinator: Carolyn Meeker (P) 451-8264

The Old Maid by Edith Wharton

Group 4

Second Wednesday, 1 p.m.

April 8

Coordinator: Pat Morehead

pmorehead@surewest.net

Euphoria by Lily King

Group 5*

Second Monday, 1 p.m.

April 13

Coordinator: Joyce Mundel

jmundel@comcast.net

The Woman Upstairs by Claire Messud

Group 6

Third Monday, 7 p.m.

April 20

Coordinator: Angela Scarlett

angela.scarlett@gmail.com

The Righteous Mind by Jonathan Haidt

Group 8**

Fourth Monday, 7:15 p.m.

April 27

Coordinator: Diana Squire

d3j7s@hotmail.com

The Cooked Seed: A Memoir by Anchee Min

Group 10 **

Third Thursday, 1 p.m.

April 16

Coordinator: Sandi Schoenman

curlilox40@sbcglobal.net

A Woman's Crusade by Mary Walton

Group 12

First Thursday, 7 p.m.

April 2

Coordinator: Linda Cook

lindacook5833@comcast.net

The Twelve Tribes of Hattie by Ayana Mathis

Group 33

First Thursday, 9:30 a.m.

April 2

Coordinator: Jane Pivetti

jpivetti@winfirst.com

The Passage of Power by Robert Caro

* — **Currently Seeking Members**

** — **Currently full**

For a list of all of the books for a year for each book group, go to sacramento-ca.aauw.net, click on Book Groups, and then click on each book group icon.

Where:

Sacramento Sheraton Grand 1230 J Street, 13th and J Street, Sacramento, CA 95814

When: Thursday, April 9, 5-7 p.m.



Be the first to bring a new prospective member to Happy Hour and earn \$20 worth of food and drinks. As this is a public event, any new members may join that night for the reduced rate. Please contact Angela Scarlett at angela.scarlett@gmail.com or 916-612-8442 to give her an idea of how many will be attending.

The Sheraton Grand is downtown on J Street. There is valet parking and parking garages near the hotel. Use Parking Panda (<https://www.parkingpanda.com/>) to help plan your trip.

INTEREST GROUPS

Art & Architecture

First Fridays @ 10 a.m.
Next Event: April 3
Sacramento Old City Cemetery Tour
Broadway and Riverside
Contact Deborah Dunn
jeddl@comcast.net | (916) 429-7645

Board Games: Daytime

Last Thursdays @ 1 p.m.
Next Meeting: April 30
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349
spouses/significant others welcome

Board Games: Night

Last Friday @ 7 p.m.
Next Meeting: April 24
Contact Anne Rhodes
rhodesmicasa@yahoo.com | (916) 692-5075
cell: (360) 560-3349
spouses/significant others welcome

"Bridge for Fun"

First Tuesdays @ 1 p.m.
Next Meeting: April 7
Contact Jane Reinmuth
cajane42@aol.com | (916) 456-1844

"Chicago" Bridge Group

Fourth Wednesdays @ 10 a.m.
Next Meeting: April 22
Contact Margot Leidig
MHLeidig@aol.com | (916) 972-8744

Couples Dining Out

Couples meet for dinner at different restaurants
Fourth Sunday @ 6 p.m.
Next Meeting: April 26
Contact Sharon Norris
x2ski@hotmail.com

Film Fans

Third Tuesdays (matinee)
Film TBD the Friday prior via email
Next Event: April 21
Contact Cherril Peabody
capeabody@comcast.net | (916) 973-0821

Great Decisions I

Third Mondays @ 7 p.m.
Next Meeting: April 20
Contact Linda Patterson
linkpatter@gmail.com | (916) 203-8953

Great Decisions II

Second Thursdays @ 7 p.m.
Next Meeting: April 14
Contact Joan Hammond
hammondartsci@aol.com | (916) 489-8927

Great Decisions III

Third Mondays @ 1 p.m.
Next Meeting: April 20
Contact Anne Rhodes
Topic: Sectarianism in the Middle East
Location: Home of Inger Lindholm
rhodesmicasa@yahoo.com | (916) 692-5075
Cell: (360) 560-3349

Healthy Heart Dinner

Second Sundays @ 6 p.m.
Next Event: April 12
Healthy eating and dinner conversation
Contact Jane Cooley
janecooley1@gmail.com | (916) 483-0302

History of America

First Wednesdays @ 3 p.m.
Next Meeting: April 1
Contact Pam Vaughn
psvaughn@comcast.net | (916) 476-4000

Readers' Theater

Come join in the fun!
Second Wednesday @ 7 p.m.
Next Meeting: April 21
Contact Diane Petersen
ladypetersen@earthlink.net | (916) 214-4644

Scrabble Just for Fun

Last Monday @ 1 p.m.
Next Meeting: April 27
Contact Vivian Counts
viviancounts@yahoo.com | (916) 483-8827

Singles Dining Out

First Sundays @ 6 p.m.
Next Meeting: April 5
Contact Nancy McCabe
nancygant@yahoo.com | (916) 383-8405

Small Theater Group

Enjoy and support local non-profit theatres.
Optional dining before or after the play
Select Sunday/Month matinee
Contact Inger Lindholm iml958@sbcglobal.net |
(916) 392-2511

Spanish Study

Fourth Mondays @ 6:30 p.m.
Next Event: April 27
Read, translate, and discuss
Spanish language materials
Contact Hedda Smithson
fohedda@gmail.com | (916) 961-7214

Walk-to-Lunch

Second Thursdays @ 10 a.m.
Next Event: April 9
TBD
Contact Susan Potter
susanpotter1@comcast.net | (916) 392-6401

Travel*

Second Tuesdays @ 10 a.m.
Next Meeting: April 14
Location: home of Pat Winkle
RSVP to Pat Winkle
Contact: Sandi Schoenman
curlilox40@sbcglobal.net | (916) 966-2535

*New Interest Group

Please contact Laura Randles-Little with any interest group updates: larandles@yahoo.com

Annual Authors Luncheon

Plates Café and Catering

14 Business Parkway, Bldg. ,149 Sacramento 95828

April 11, 11:30 am – 2:00 pm

Guest Author—Karen Levy

MY Father's Gardens

Her book will be available for purchase

Cost: \$26 per person; parking available



Author's Luncheon

Meal Choices: Please check one. (vegan available upon request)

_____ Cream of Mushroom Soup, Asian Chicken Salad

_____ Green salad, Grilled & Marinated Kabobs on a bed of Soft Polenta (vegetarian)

_____ Green salad, Baked Salmon with Lemon Caper Butter Sauce, Mashed Potatoes, Roasted Vegetables

Name: _____

Address: _____

City/State/Zip: _____

Email: _____ Phone: _____

Guest: _____ Guest: _____

Payment Method

Or

Reserve at

Eventbrite: <http://www.eventbrite.com/e/aauw-sacramento-authors-luncheon-tickets-15958874423?aff=affiliate1>

Check/Cash: # of Tickets _____ x \$26= Total Due: _____

Make checks payable to: AAUW Sacramento

Mail to: Dawn Arnone Boyd, 1736 Berkeley Way, Sacramento, 95819



9045 Thilow Dr.

Sacramento, CA 95826

April Birthdays

1-April Anne Rhodes	22-April Happy Winfrey
1-April Helen Zinn	22-April Carol Doughty
3-April Carol Nyman	25-April Loretta Hom
4-April Jenny Smith	26-April MJ Hamilton
6-April Charlotte Luallin	26-April Louise Lockhart
7-April Rosa Lee Black	27-April Margaret Brown
7-April Jenny Woltz	27-April Virginia Mueller
10-April Ann Saibeni	27-April Ann Pickens
10-April Sandi Schoenman	30-April Dorothy Donnelly Hodel
14-April Dorothy Dublirer	
19-April Janelle Kauffman	