



Speech Contest Due Dates rev 8/16

October- December

- **Learn** about the contest and the topic by asking your faculty contact or AAUW contact.
- **Research** sources on the topic and on speech preparation and delivery.
- **Ask** your AAUW coach for guidance in person or via email, phone or text.

By Jan. 13 - Complete and send Application Form

- Send form signed by your parents by email to AAUW contact or turn it into the faculty contact on your campus.

By Jan. 20 - Complete your draft speech

- **Email** your draft speech to AAUW contact or by turning into your campus faculty contact.

By Jan. 29 - Receive coaching feedback

- **Contact** your AAUW coach for guidance, assistance and encouragement.
- **Review** video sources for speech preparation and delivery tips.

Jan. 30 to Feb. 17

- **Polish, Practice, Memorize.**
- **Reduce your speech to 5-10 words on 4 X 6 card.**
- **Polish, Practice, and Memorize** some more. This makes the competition fun.

February 18 – Participate

- **Eat some breakfast.**
- **Arrive by 9:00 a.m.** at the Valley Hi Laguna North Library Community Room.
- **Breathe** deeply. **Drink** water. **Stretch** out the nervousness.
- **Deliver** your speech.
- **Enjoy** getting to say what you think.

This is not an Elk Grove Unified School District sponsored program & EGUSD accepts no liability or responsibility for this program/activity.