

Sacramento

*AAUW Sacramento supports opportunities for the personal and intellectual growth of women and girls through fellowship, collaboration and shared contribution in our community.*

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# Capital Ideas

MAY 2015 VOL. 82 NO. 3

## Join the 95th Anniversary Celebration Saturday, May 16, 1 p.m. – 3 p.m.

Take the Zinfandel exit from Hwy 50;  
immediate left onto White Rock  
Road

Rancho Cordova City Hall  
2729 Prospect Park Drive  
Rancho Cordova, 95670

We are celebrating AAUW Sacramento's 95th Anniversary with an afternoon tea that program committee members have been very busy planning. Members are encouraged to bring a teacup and saucer, especially one that may have a family story connected to it. (There will be teacups and saucers available for everyone else.)

Ciera Miller, our Speech Trek winner, will give her prize-winning speech, our past presidents and 50-year members will be recognized, and Named Gift Honorees will be presented after our networking time. In addition, we will install incoming President Nancy McCabe and our 2015-16 officers and show our support for their efforts this coming year.

This event is open to the public, so bring friends and family. Any proceeds above expenses will go to our 100th Anniversary Sacramento Branch Research and Projects Grant.

You should have received a special invitation and reservations form in the mail. Contact Gloria Yost, (916) 961-3306, or [gloriayost@aol.com](mailto:gloriayost@aol.com) if you have any questions or concerns.

If you would like to pay for the tea online, please go to:

<http://www.eventbrite.com/e/aauw-sacramentos-95th-anniversary-tea-installation-tickets-16371058276?aff=affiliate1>



# President's Message



**President Cherril Peabody**

It was so nice to see everyone at the Authors Luncheon on April 11. It was a lovely event – good food, a fascinating speaker, a nice venue that we can feel good about supporting with our business as they help women reinvent themselves in a positive direction. Not only that, we proved one more time as we elected a new board of directors that women will say yes to stepping up to leadership roles in an organization that is important to all of us.

You will have received your renewal forms for the AAUW 2015-2016 program year by now. I hope you will be prompt in returning your form with your check, since we must have the money turned in to state and national AAUW by the beginning of the new program year on July 1. That means we need to receive all the renewal checks and process them well in advance of that date. Also, please consider signing up to work on a committee when you fill out your form. It's a great way to meet new friends, plus you will be helping us do the work that needs to be done to make this organization effective.

We have decided to schedule some programming this summer, which we haven't done in a long time. Watch for more information about the WOW meeting scheduled for July – it sounds fascinating!

I hope to see many of you at the Installation Tea on May 16! It is shaping up to be a really special occasion.

## 2014-2015 ELECTED BOARD OF DIRECTORS

### President

Cherril Peabody  
capeabody@comcast.net

### President-Elect

Nancy McCabe  
mccaben@comcast.net

### Program Director

Gloria Yost  
gloriayost@aol.com

### Secretary

Charlotte Luallin  
c.luallin@comcast.net

### Co-Membership Directors

Vicky Lovell  
lovell.vicky@gmail.com  
Linda Tinker  
richborough2342@att.net

### AAUW Funds Directors

Donna Holmes  
wyndelndonna@sbcglobal.net  
Marty McKnew  
martymcknew@comcast.net

### Finance Director

May Ruth Lynch  
mayrlynch@comcast.net



### **Where:**

Esquire Grille 1213 K St  
Sacramento, CA 95814

**When:** Wednesday, May 13, 5-7 p.m.

Be the first to bring a new prospective member to Happy Hour and earn \$20 worth of food and drinks. As this is a public event, any new members may join that night for the reduced rate. Please contact Angela Scarlett at [angela.scarlett@gmail.com](mailto:angela.scarlett@gmail.com) or 916-612-8442 to give her an idea of how many will be attending.

Esquire Grill is downtown on K Street. There is valet parking and parking garages near restaurant. Use Parking Panda (<https://www.parkingpanda.com/>) to help plan your trip.

## Sacramento Branch Members Participate in The Bite of Reality Program

By Shari Beck

On April 8, five AAUW Sacramento branch members volunteered at Pleasant Grove High School in Elk Grove in The Bite of Reality Program, directed by the Schools Financial Credit Union. The Bite of Reality program teaches basic money management skills in a fun, interactive setting. It is a hands-on simulation designed to provide teens with a taste of real-world financial realities such as paying off student loans, obtaining medical insurance, and paying for basic necessities like groceries and utilities. The goal of the event is to provide students the opportunity to experience the financial responsibility of being an adult in a safe environment where the results of a financial misstep do not have real-world consequences. At the start of the session, teens are given a fictional identity, including an occupation, salary, family, credit cards, and a checking account. They then visit

a variety of table-top stations to purchase housing, transportation, food, clothing, household necessities, daycare and other needs. Branch members Cherril Peabody, Robin Howlett, May Ruth Lynch, Nancy McCabe, and Shari Beck participated in these stations. Although a tiring day, it was a most worthwhile and valuable experience, and one we as a branch may want to pursue in a volunteering capacity. If you have ideas, and/or wish to be a part of this effort, please contact Cherril Peabody.

## June Potluck Social to Provide Networking Opportunity

By Gloria Yost

Saturday, June 13, 2015

4 p.m. – 7 p.m.

Della & John Knowles's beautiful back yard

3743 College Avenue, 95819 (next to South Land Park)

You're all invited to share food and fellowship at the last branch event of the year.

We'll be bringing appetizers, salads, main dishes, and desserts, so be thinking about what you will bring. Beverages will be provided, and there is no charge other than the cost of your potluck item.

Spouses and friends are welcome. Contact Gloria Yost, (916) 961-3306 or [gloriayost@aol.com](mailto:gloriayost@aol.com) for questions.

### 2014-2015 APPOINTED BOARD MEMBERS AND COMMITTEE CHAIRS

**Book Groups:** Linda Cook  
[lindacook5833@comcast.net](mailto:lindacook5833@comcast.net)

**Communications Director:**  
Angela Scarlett  
[angela.scarlett@gmail.com](mailto:angela.scarlett@gmail.com)

**Email Tree:** Shari Beck  
[gsbeck@surewest.net](mailto:gsbeck@surewest.net)

**Public Policy:** Robin Howlett  
[howlett.robin@gmail.com](mailto:howlett.robin@gmail.com)

**Happy Hour:** Angela Scarlett  
[angela.scarlett@gmail.com](mailto:angela.scarlett@gmail.com)

**Hospitality:** Anne Rhodes  
[rhodesmicasa@yahoo.com](mailto:rhodesmicasa@yahoo.com)

**Interest Groups Coordinator:**  
Laura Randles-Little  
[larandles@yahoo.com](mailto:larandles@yahoo.com)

**Membership Treasurer:**  
Sharon Anderson  
[anderson.aauw@att.net](mailto:anderson.aauw@att.net)

**Newsletter Editing :**  
Kim Rutledge  
[kimdawnrut@gmail.com](mailto:kimdawnrut@gmail.com)

**Newsletter Mailing:** Shari Beck  
[gsbeck@surewest.net](mailto:gsbeck@surewest.net)

**Parliamentarian:** Ruth Ann Hines  
[rahcfh7925@att.net](mailto:rahcfh7925@att.net)

**Phone Tree:** Cathy Locke  
[clocke@sacbee.com](mailto:clocke@sacbee.com)

**Reservations:** Dawn Arnone Boyd  
[darnone1@att.net](mailto:darnone1@att.net)

**Scholarships:** Molly Dugan  
[madugan@hotmail.com](mailto:madugan@hotmail.com)  
Donna Holmes  
[wyndelndonna@sbcglobal.net](mailto:wyndelndonna@sbcglobal.net)

**Speech Trek:** Shari  
Beck [gsbeck@surewest.net](mailto:gsbeck@surewest.net)  
Liz Jordan—[lizjord@msn.com](mailto:lizjord@msn.com)

**Sunshine:** Jane Cooley  
[janecooley1@gmail.com](mailto:janecooley1@gmail.com)

**Tech Trek:** Izzy Brooshire  
[izzthrower@comcast.net](mailto:izzthrower@comcast.net)

# Leigh Stephens Wins CA Press Women's Awards

By Leigh Stephens

Gen. Mary J. Kight and Karen Duncanwood spotlighted America's social issues last year in Women of the World (WOW) programs that featured AAUW values. Shari Beck and Gloria Yost were leaders of these programs, and Branch member Leigh Stephens published award-winning articles in the Valley Community Newspapers about both women.

Last May, Kight took part in a WOW program presenting "Women Warriors." Kight is a branch member who in 2010, former Governor Arnold Schwarzenegger appointed the first female Adjutant General of the California Military Department. She is also the first African-American woman to attain this position in the nation. In her Navy career, Kight has led U.S. troops all over the world. In retirement, she continues to mentor military troops.

Stephens' article covering Gen. Kight's presentation won the Third Place Award (Feature Profile) in the California Press Women's Communications Contest.

In the fall, Karen Duncanwood held branch members and community members spellbound with her story of a young California college girl who became a Freedom Rider. Duncanwood was in one of the first groups of student activists who trained to go to Mississippi to focus media on the Civil Rights Movement. She talked of her fear facing Southerners and even police officers who wore the uniform in the day and the Ku Klux Klan sheet at night.

Stephens' article about Duncanwood's WOW presentation won the California Press Women's

First Place Award (Feature Social Issue) in the same contest. This article has been sent to National Press Women for judging.



AAUW Member & Journalist Leigh Stephens

**Many Congratulations to Leigh!**

## Upcoming Events

### Board Meeting

May 4, 2015  
7:00 p.m.—8:30 p.m.  
Dept. of Human Assistance  
2700 Fulton Ave., Room 58  
Sacramento

### Happy Hour

May 13, 2015  
5 p.m.—7 p.m.  
Esquire Grill  
1213 K St  
Sacramento, CA 95814

### Installation Tea

May 16, 2015  
1 p.m. - 3 p.m.  
Rancho Cordova City Hall  
2729 Prospect Park Drive  
Rancho Cordova

### Potluck Social

June 13, 2015  
4 p.m. - 7 p.m.  
Home of Della & John Knowles  
3743 College Ave.  
Sacramento

## Elected Board Officers for 2015-2016

President	Nancy McCabe
President Elect	Unfilled at present
Program Director	Linda Patterson
Membership Directors	Linda Tinker*, Shirley Wheeler
AAUW Funds Directors	Donna Holmes, Marty McKnew
Finance Director	May Ruth Lynch
Secretary	Jenny Woltz

*\*Linda Tinker has since resigned for health reasons*

## Branch Speech Trek Winner Takes 3<sup>rd</sup> Place in State AAUW CA Finals

By Liz Jordan



*Ciera Miller placed 3rd statewide in Speech Trek*

Sacramento Branch Speech Trek winner Ciera Miller earned 3<sup>rd</sup> place in the statewide competition at the AAUW CA Annual Meeting at the Manhattan Beach Marriott on April 18, taking home another \$500 award. Ciera spoke on the state topic of College: Is it worth the

time and expense? Fourteen AAUW branches from around California entered their contest's winning speaker in the statewide semi-finals. In the finals competition, Sydney Jones from Sonora Branch earned 2<sup>nd</sup> place, and Emma Harrington from Napa Branch earned 1<sup>st</sup> place.

This marks the fourth time in the eight-year history of Sacramento AAUW's participation in Speech Trek that the Sacramento Branch

winner has gone on to earn placement in the state semi-finals, and the third time our winner has been invited to the three-branch finals competition.

If you would like to hear Ciera speak, she will be a featured speaker at our May Installation Tea on May 16. Congratulations, Ciera!

# Writer Karen Levy Fascinates at Authors Luncheon

By Cherril Peabody



**Author Karen Levy**

You may have thought, as I did, that Karen Levy's talk at the Authors Luncheon was going to be about gardening. But it wasn't, at least not for the most part. It was about good-byes – too many of them in Karen's life as she and her family moved back and forth between Israel and California too many times. She has struggled with trying to figure out

who she is and where she belongs, but it sounds as if she has mostly made peace with her life. The gardening comes in because she brings Israeli plants back with her when she visits her father there now, so she has a little bit of Israel transplanted in Davis. Ms. Levy read passages from her book that were full of evocative imagery, and she answered our questions honestly

with wry humor – a most satisfying program.

The election of a new Board of Directors made up most of the business part of the program. The new officers, who will take office in July are Nancy McCabe, President; Linda Patterson, Program Director; Linda Tinker and Shirley Wheeler, Membership Co-Directors; Donna Holmes and Marty McKnew, AAUW Funds Co-Directors; May Ruth Lynch, Finance Director; and Jenny Woltz, Secretary. The President-Elect position remains vacant. Thank you to all of them for their willingness to serve!



**Barbara Smith introduced Karen**



**Members socializing before the talk**

## Special Election to Be Held at the Installation Tea on May 16th

Here are the nominees:

**Nominating Committee:** Shirley Wheeler, Sandi Schoenman and Cherril Peabody

**Co-Membership Director:** Pat Winkle (replacing Linda Tinker who resigned)

# Congratulations to our Named Branch Gift Honorees

By Donna Holmes



Marty McKnew traveling in Croatia

This month we are featuring two of our Named Branch Gift Honorees, Nancy Lawrence and Marty McKnew. These two amazing ladies have close to 100 years of AAUW membership and achievements to their names.

**Nancy Lawrence** is a long time member of our branch and has been active in giving her whole life. In our branch she has been finance officer, newsletter editor, president twice (a total of four years), book group member, and HUGE supporter of Tech Trek. In my last six years on the board I have only met her once and spoken to her on the phone once, but her name and generosity come up all the time. As I worked on this I was surprised to find we live in the same neighborhood, and I hope to get to know her better. Besides all she has done for our branch and AAUW at large, Nancy has found the

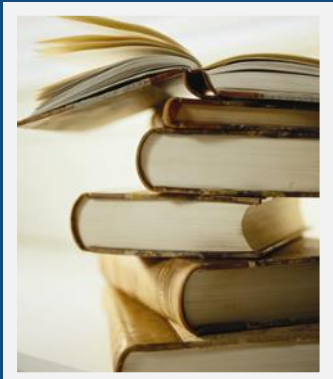
time and energy to work with the Girl Scouts, the Crocker Art Museum, and the Sacramento Public Library Foundation. Thank you, Nancy. Women like you make AAUW the prestigious organization it is today.

**Marty McKnew** has been active in AAUW for more than 30 years. I have had the pleasure of working with her on the board for four and a half years, and we are continuing together for another year. Marty started in the Salinas Branch, where she was president in 1986-87. She has served in many positions for AAUW-CA, including Central Coast District Director, Nominating Committee, Northern District Director, Educational Foundation Committee, and she is an AAUW Legacy Circle Member. In our branch, Marty has served many years in various Funds Director positions, nominating committee, and she was branch president in 2009-10. Her de-

votion to our national mission and programs was publicly recognized when she was named the AAUW California 2012 Named Gift Honoree. Additionally, she has worked tirelessly on the past three branch fundraisers, helped anyone who calls and needs an assist, and single-handedly published our newsletter one month when we lost our coordinator suddenly and had not found a replacement. And, just like Nancy, her efforts and generosity are not limited to AAUW. Somehow Marty has found the time and energy to travel extensively with Friendship Force (international travel group) as well as being their president for the past two years. Additionally, she has been a docent at the California State Capitol since 2000 and was president of the docents from 2008 to 2010. Thank you, Marty, for your willingness to always step up and do a stellar job!

# Book Groups

By Linda Cook



To join a group, contact the Book Group Coordinator at: [lindacook5833@comcast.net](mailto:lindacook5833@comcast.net)

**Book Group 5 has room for additional members.**

If you're interested in a book group that meets the 2nd Monday at 1 p.m. contact the coordinator, Joyce Mundel, at [jmundel@comcast.net](mailto:jmundel@comcast.net).

Group 1  
(Meetings in Elk Grove)  
Third Thursday, 2 p.m.

May 21  
Coordinator: Lois Collinsworth, (P) 685-3323  
*The Last Founding Father: James Monroe and a Nations Call to Greatness* by John Grisham

Group 2  
First Tuesday, 1 p.m.  
May 5

Coordinator: Jean Brown (P) 485-2358  
*Amsterdam* by Russell Shorto

Group 3  
(Meetings in Mid-Town/East Sac)  
Fourth Wednesday, 1 p.m.  
May 27

Coordinator: Carolyn Meeker (P) 451-8264  
*Beautiful Boy* by David Sheff

Group 4\*\*  
Second Wednesday, 1 p.m.  
May 13

Coordinator: Sharon Anderson  
[anderson.aauw@att.net](mailto:anderson.aauw@att.net)  
*The Secret History of Wonder Woman* by Jill Lepore

Group 5\*  
Second Monday, 1 p.m.  
May 11

Coordinator: Joyce Mundel  
[jmundel@comcast.net](mailto:jmundel@comcast.net)  
*The Man in the Rockefeller Suit* by Mark Seal

Group 6  
Third Monday, 7 p.m.  
May 18  
Coordinator: Angela Scarlett

[angela.scarlett@gmail.com](mailto:angela.scarlett@gmail.com)  
*The Orphan Master's Son* by Adam Johnson

Group 8\*\*  
Fourth Monday, 7:15 p.m.  
May 18

Coordinator: Diana Squire  
[d3j7s@hotmail.com](mailto:d3j7s@hotmail.com)  
*Americanah* by Chimamanda Ngozi Adichie

Group 10 \*\*  
Third Thursday, 1 p.m.  
May 21

Coordinator: Sandi Schoenman  
[curlilox40@sbcglobal.net](mailto:curlilox40@sbcglobal.net)  
*Miss Dreamsville and the Collier County Women's Literary Society* by Amy Hearth

Group 12  
First Thursday, 7 p.m.  
May 7

Coordinator: Linda Cook  
[lindacook5833@comcast.net](mailto:lindacook5833@comcast.net)  
*Dear Thief* by Samantha Harvey

Group 33  
First Thursday, 9:30 a.m.  
May 7

Coordinator: Jane Pivetti  
[jpivetti@winfirst.com](mailto:jpivetti@winfirst.com)  
*Flash Boys* by Michael Lewis

\* — *Currently Seeking Members*

\*\* — *Currently full*



# INTEREST GROUPS

## Art & Architecture

First Friday @ 10 a.m.  
Next Event: May 1  
John Natsoulas Center for the Arts  
Davis  
Contact: Deborah Dunn  
jeddl@comcast.net | (916) 429-7645

## Board Games: Daytime

Last Thursday @ 1 p.m.  
Next Meeting: May 28  
Contact: Anne Rhodes  
rhodesmicasa@yahoo.com | (916) 692-5075  
Cell: (360) 560-3349  
spouses/significant others welcome

## Board Games: Night

Last Friday @ 7 p.m.  
Next Meeting: May 29  
Contact: Anne Rhodes  
rhodesmicasa@yahoo.com | (916) 692-5075  
cell: (360) 560-3349  
spouses/significant others welcome

## "Bridge for Fun"

First Tuesday @ 1 p.m.  
Next Meeting: May 5  
Contact: Jane Reinmuth  
cajane42@aol.com | (916) 456-1844

## "Chicago" Bridge Group

Fourth Wednesday @ 10 a.m.  
Next Meeting: May 27  
Contact: Margot Leidig  
MHLeidig@aol.com | (916) 972-8744

## Couples Dining Out

Couples meet for dinner at different restaurants  
Fourth Sunday @ 6 p.m.  
Next Meeting: May 24  
Contact: Sharon Norris  
x2ski@hotmail.com

## Film Fans

Third Tuesdays (matinee)  
Film TBD the Friday prior via email  
Next Event: May 19  
Contact: Cherril Peabody  
capeabody@comcast.net | (916) 973-0821

## Great Decisions I

Third Monday @ 7 p.m.  
Next Meeting: May 18  
Contact: Linda Patterson  
linkpatter@gmail.com | (916) 203-8953

## Great Decisions II

Second Thursday @ 7 p.m.  
Next Meeting: May 14  
Contact: Joan Hammond  
hammondartsci@aol.com | (916) 489-8927

## Great Decisions III

Third Monday @ 1 p.m.  
Next Meeting: May `8  
Contact Anne Rhodes  
Topic: India Changes Courses  
Location: Home of Joan Eddy  
Contact: Anne Rhodes  
rhodesmicasa@yahoo.com | (916) 692-5075  
Cell: (360) 560-3349

## Healthy Heart Dinner

Second Sunday @ 6 p.m.  
Next Event: May 10  
Healthy eating and dinner conversation  
Contact Jane Cooley  
janecooley1@gmail.com | (916) 483-0302

## History of America

First Wednesday @ 3 p.m.  
Next Meeting: May 6  
Contact Pam Vaughn  
psvaughn@comcast.net | (916) 476-4000

## Readers' Theater

Come join in the fun!  
Second Wednesday @ 7 p.m.  
Next Meeting: May 19  
Contact Diane Petersen  
ladypetersen@earthlink.net | (916) 214-4644

## Scrabble Just for Fun

Last Monday @ 1 p.m.  
Next Meeting: May 25  
Contact Vivian Counts  
viviancounts@yahoo.com | (916) 483-8827

## Singles Dining Out

First Sunday @ 6 p.m.  
Next Meeting: May 3  
Contact Nancy McCabe  
nancygant@yahoo.com | (916) 383-8405

## Small Theater Group

Enjoy and support local non-profit theatres.  
Optional dining before or after the play  
Select Sunday/Month matinee  
Contact Inger Lindholm iml958@sbcglobal.net |  
(916) 392-2511

## Spanish Study

Fourth Monday @ 6:30 p.m.  
Next Event: May 25  
Read, translate, and discuss  
Spanish language materials  
Contact Hedda Smithson  
fohedda@gmail.com | (916) 961-7214

## Walk-to-Lunch

Second Thursday @ 10 a.m.  
Next Event: May 14  
TBD  
Contact Susan Potter  
susanpotter1@comcast.net | (916) 392-6401

## Travel\*

Second Tuesday @ 10 a.m.  
Next Meeting: May 12  
Location: home of Sandi Schoenman  
Contact: Sandi Schoenman  
curlilox40@sbcglobal.net | (916) 966-2535

## \*New Interest Group

Please contact Laura Randles-Little with any interest group updates: [larandles@yahoo.com](mailto:larandles@yahoo.com)



9045 Thilow Dr.

Sacramento, CA 95826

## May Birthdays

1-May Ellen Nathan	15-May Cheewa James
1-May Patricia Stilwell	17-May Betsy Mark
4-May Jean Taniguchi	20-May Esther Zendt
5-May Patricia Morehead	22-May Deborah Dunn
7-May Ginger Bartel-Sherb	22-May Diane Dussler
7-May Martha Jean	24-May Cheryl Fuller
9-May Linda Babcock	31-May Margot Leidig
10-May Patricia Riley	
12-May Nancy Acker	
12-May Izzy Brookshire	
13-May Virginia Uchida	