

Monthly Capital Ideas Main Articles

Sacramento AAUW to be guests of Shriner's Hospital on October 24



Saturday, October 24, 2015, AAUW Sacramento members and their guests have a unique opportunity to learn how research and technology is shaping the care and treatment of children with congenital conditions, burns and complex medical needs when the group is treated to a presentation and tour of the Shriners Hospital for Children, Northern California. A special feature of the tour is a look at how 3D technology is used to create prosthesis for children in need with a visit to the orthotics and prosthesis laboratory.

Shriners Hospital specializes in treatment of children with orthopedic conditions, burns, spinal cord injuries, and cleft lip and palate. Children are eligible for care and receive all services in a family-centered environment, regardless of the patients' ability to pay.

We will meet in the lobby at Shriners Hospital, 2425 Stockton Boulevard, Sacramento on Saturday, October 24, 2015 at 10 AM. Greeters will escort members to the meeting room where the program will begin promptly at 10:15 AM. Our special guests are the 2015 Tech

Trek students sponsored by the Sacramento Branch.

Please join us to learn how this facility is a leader in pediatric medical care among the network of 22 non-profit medical facilities across North America.



To secure your spot at this exciting Branch program please register at EventBrite (available on our website at <http://sacramento-ca.aauw.net/> or by emailing Sacramento Branch registrar, Dawn Boyd at darnone1@att.net.

President's Message by Nancy McCabe



As I have transitioned from president-elect to president, it seems like a good time to tell you who I am. I moved to Sacramento from Ohio 49 years ago when my husband was stationed at McClellan AFB. I grew up in Columbus and graduated from the Ohio State University with a BS in social work, which was my chosen field for 42 years. Most of the time I worked in adult services or employment services.

I have two adult daughters, one in the Bay Area and one here in Sacramento. My 22-month-old twin granddaughters (one of them with me in the picture) live about five minutes from my home,

which allows me to spend time with them. Of course, they are the joy of my life!

After I retired, I was looking for a way to give back to the community and hadn't really found my niche. My friend Sharon Norris asked me to contribute to the backpacks that AAUW was putting together for children at the Stanford Home. I contributed, and the project piqued my interest. After looking into AAUW, I decided to give it a try. As I had no idea how involved I would become, I chose to use an old email address that I use for businesses and groups that send out way too many emails. I now spend way too much time telling people that Nancy Gant and Nancy McCabe are the same person and to use the McCabe email address.

My priorities for this coming year are to raise AAUW's profile in the community and to engage members in activities that further our mission of advocating for women and girls. I would hope that all of our branch members are good community spokeswomen who are familiar with our reason for being and communicate that to prospective members. I would like to collaborate with women's groups who share our mission and values to do more than we as one group can do. As we collaborate, we need to reach out to diverse groups to strengthen our mutual interests. Ultimately, we all win.

“Alone we can do little. Together we can do much.” ~Helen Keller

Jane Cooley brings Sunshine to AAUW by Nancy McCabe



Jane Cooley (seen here with her granddaughter and fellow AAUW Sacramento member Tiffany Ardisana) is a past president of our branch and the current Sunshine chairperson. She received her BA in business from California State University, Sacramento while caring for her five children and working in an insurance office. This was a bit of a departure from her former Air Force career, where she was the only woman in the weather reconnaissance group at McClellan and Malestrom Air Force Bases. Her husband's Air Force career took them to England, Seattle, and mostly Texas.

Jane's favorite AAUW experience was attending national conferences and feeling the electricity of intelligent women interacting. She has been public policy chair, secretary, president, and currently sunshine chair in the Concord and Sacramento branches. She currently participates in Healthy Heart Dinner group, Great Decisions, and a book group.

Jane's current mission in AAUW is sending cards to members and their spouses who are sick or to the families when our members die. She can't do this without your help, as she doesn't know every one of our members. Please either call her at (916) 483-0302 or email her at Janecooley1@gmail.com so we can let our membership know that we care. We appreciate Jane and you — our members — for keeping her informed.