



## A Few Helpful Source Suggestions 9/17

*For the topic: How do we stand up to sexism?*

### Pro sources

- Actress Emma Watson created the “HeForShe” campaign - [www.heforshe.org](http://www.heforshe.org)
- <http://www.aauw.org/2016/09/02/how-to-speak-up-against-everyday-bias/>
- <http://www.aauw.org/2017/02/10/how-to-stand-up-to-sexism/>
- <http://www.aauw.org/article/faq-about-the-gender-pay-gap/>
- <http://www.aauw.org/research/deeper-in-debt/>

### Con sources

- 36 Stupid Feminist Questions Answered <https://www.youtube.com/watch?v=h6ww0Di9co8>
- The Real Sexism Project <http://www.realsexism.com>
- Men Sentenced to Longer Prison Terms than Women for the Same Crimes, Study Says [http://www.huffintonpost.com/2012/09/11/men-women-prison-sentence-length-gender-gap\\_1874742.html](http://www.huffintonpost.com/2012/09/11/men-women-prison-sentence-length-gender-gap_1874742.html)
- The Other Gender Divide: where men are losing out <https://www.theguardian.com/news/datablog/2013/may/07/men-gender-divide-feminism>
- Fired Google Employee Wants to Sue—and He May Have a Case <http://fortune.com/2017/08/08/google-memo-legal>

### *For preparing your speech:*

**If you want humor . . .** Overall presentation with visuals about how to construct and present a speech. <https://m.youtube.com/watch?v=fUgwc2WIPrk>

**If you only have a minute . . .** A series of 1-minute videos on the basics plus more <http://impromptuguru.com/60-second-guru/>

- **Before the Speech** — from anxiety reducing techniques to making sure your message is clear and organized, making you ready to take the stage.
- **Do not memorize speech** — <http://www.youtube.com/watch?v=plvzipUakMc>
- **During the speech** — from eliminating “ums” and “uhs” to projecting your voice, everything you need to be heard

**If you want "how-tos" from a world-champion speaker . . .**

- **How to write a speech: Crucial first steps:** <https://m.youtube.com/watch?v=yD5I7Q9q05I>
- **How to write a speech outline:** <https://m.youtube.com/watch?v=M4BkVmA0p6Y>
- **How to write a speech: speech elements:** [https://m.youtube.com/watch?v=jaudD\\_PMjMU](https://m.youtube.com/watch?v=jaudD_PMjMU)
- **How to write a speech: introduction:** <https://m.youtube.com/watch?v=p-jOZhFyDR8>
- **How to write a speech: conclusion:** <https://m.youtube.com/watch?v=YSi7aPR1-pg>

**If you want written tips AND videos . . . Here's just the one:** 7 Steps To Creating A Public Speaking Speech Outline:

(tips and video) <http://publicspeakingpower.com/public-speaking-speech-outline>

### *AAUW online resources for contest and topic:*

- **www.aauw.org** Topic research: "What We Do"; *Research:* “Barriers and Bias: The Status of Women in Leadership.”
- **www.aauw-ca.org** Videos last year's winning speeches; *Mission Based Program*; Speech Trek.
- **www.Sacramento-ca.aauw.net/programs/spechtrek** for contest handouts.