

## IBC Luncheon on Saturday, January 27th. Reservations Due on January 19 by Donna Holmes

This month we have the annual Capitol Cities Inter-Branch Funds Luncheon. This year's two fellows, Kara Leong from UC Davis and Zawadi Ahidiana from UC Berkeley, are receiving their support from local grants. We are so delighted women honored to have grants in their name or their branch's name will be introducing them at the luncheon. Many of you have asked if we will ever meet the ladies who benefit from our soon to be completed Research and Project grant, and this is how we do it. Just think, in another couple of years, one of our grant recipients could be speaking at this luncheon! Click this [link](#) for the flyer and sign up today. Note: since this is an IBC function there is no EventBrite sign up.

We will also be hosting a silent auction to raise money for Funds. Donna Holmes has donated an Americana double/queen size quilt. Marty McKnew will have custom greeting cards for sale. Bring your cash or checkbook!

## Join Assemblymember Cristina Garcia, Chair of the California Legislative Women's Caucus, Monday, January 8, 2018

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**Alzheimer's** is a **Women's** Issue

Women face higher prevalence rates, provide the majority of family caregiving, and represent **California's long-term care workforce**

**RSVP for the Alzheimer's Association's special event with confirmed speakers:**

- Liz Hernandez, celebrity champion and NBC Access Hollywood and E! reporter as well as founder of Worldaful
- Jennifer Kent, Director, California Department of Health Care Services
- Pam Montana, national Early Stage Advisor and advocate for those who share a diagnosis **with Alzheimer's disease**
- Heather Young, PhD, RN, FAAN, founding dean of the Betty Irene Moore School of Nursing **at UC Davis and member of California's Future Health Workforce Commission**
- Kaci Fairchild, PhD, clinical assistant professor at Stanford University School of Medicine

Your invitation is [here](#). To RSVP, please contact [ngutierrez@alz.org](mailto:ngutierrez@alz.org) or call 916-447-2731.

## Presidents' Message by Donna Holmes and Marty McKnew



Happy New Year! 2018 has arrived!

**We can't leave 2017 without acknowledging the wonderful** team who worked so hard on our lovely Holiday Party – Carolyn Martin for her great presentation, Mary Williams on piano, Mary Schneider and Vivian Counts for the table décor, and Deborah Dunn and Nancy McCabe (in absentia) and all their team. Thanks to all of you, we collected more than 300 books for Love, Talk, Read. Gloria Yost encouraged the Sacramento State Affiliate members to attend, and it was great to have them with us. And finally, thank you everyone for the warm welcome to our surprise guest – the president of the San Antonio Branch, Karen Reichensperger, PhD.

Looking ahead to 2018, we have a great line-up of activities for our branch. In January, we have the annual Capitol Cities Inter-**Branch Funds Luncheon**. **This year's two fellows, Kara Leong from UC Davis and Zawadi Ahidiana from UC Berkeley**, are receiving their support from local grants. We are so delighted women honored to have grants in their **name or their branch's name will be introducing** them at the luncheon. Look for the flyer in this newsletter, and sign up today.

Now that it is 2018, 2020 is not far away. What is so important about 2020, you ask? It was in February 1920 that the Sacramento Branch held its first meeting. Ruth Burgess is heading up a team to celebrate this big anniversary. They are asking for your help in the way of AAUW stories. **We all have them. What's yours? Ruth will be looking for it. Watch the newsletter for monthly updates on all the plans for 2020 and how you can participate.**

Best wishes for a healthy and happy 2018!

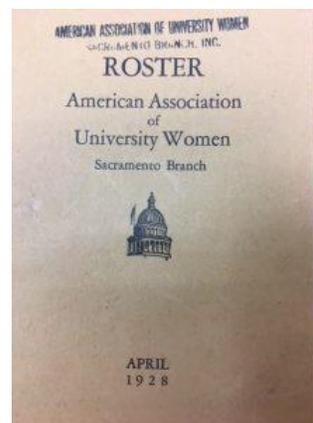
Marty and Donna

## The Countdown to 2020 Has Begun! by Gloria Yost

With the kickoff at the December meeting, AAUW Sacramento has begun the run up to our 100<sup>th</sup> birthday in 2020. Over the next two **years, stories about AAUW, its members, issues we've supported, and the impact our organization and its members made in our city, state and nation will be shared in Capitol Ideas**. We start the sharing of information with five questions:

**DID YOU KNOW...**that when the Sacramento Branch began in **February 1920, it was one of Northern California's largest women's organizations with 800 members?**

**DID YOU KNOW...**that the Sacramento Branch was part of the Association of Collegiate Alumnae when it was organized?





## Exploring Our Interest Groups: Art & Architecture by Cherril Peabody

### Art & Architecture on Sacred Heart Holiday Home Tour

One of our most popular interest groups is Art & Architecture, chaired by Deborah Dunn. Currently more than 70 members come at least occasionally when the group explores a museum **or visits an artist's studio or checks out public art, either in Sacramento or elsewhere in the region.** Each month a different member volunteers to plan and make arrangements for that **month's activity.** **In December, the group took the Sacred Heart Holiday Home Tour.**



The group meets on the first Friday of each month. On Jan. 5 the group will visit the home and gallery of internationally-exhibited artist Mehri Yazdani in El Dorado Hills. Yazdani, born in Tehran, Iran, has lived in the United States for 35 years. She has been widely exhibited both here and abroad and has won many awards for her work. Her paintings are semi-abstract, characterized by brilliant color and rich textures, and reflect the influence of ancient frescos and reliefs. Her work is on permanent display at the California State University, Sacramento Library and the Tsakopoulos Library Galleria in Sacramento, and the Crocker Art Museum featured her work in a 2000 exhibit. Nancy Nolen-Swanson is organizing this expedition, and you can contact her for more information.

## The Eleanor Roosevelt Fund provides funds for the AAUW Research Reports by Alicia Hetman



The AAUW Eleanor Roosevelt Fund was launched in **1988 and is the funding vehicle for AAUW's** groundbreaking research on issues related to gender equity in education and the workplace. Our work influences the national discussion on topics like the pay gap between women and men, sexual harassment in the schools and on college campuses, and the under-representation of women in science and engineering. AAUW research serves as a catalyst for action.

The Eleanor Roosevelt Fund programs have changed over the years, but the ideals remain the **same. AAUW leaders recognize that we must continue our “ongoing support of greater participation by women and girls in actively shaping their future.”** In addition to the research conducted, the Eleanor Roosevelt Fund also provides an annual Eleanor Roosevelt Fund Award. The 2017 Award Recipient was SurvJustice, Inc., a national nonprofit that increases the prospect of justice for all survivors through effective legal assistance. I was given the great honor of presenting the Award to **Laura L. Dunn, SurvJustice's founder, during the AAUW 2017 Convention. We were all very impressed with the work of SurvJustice and inspired by Dunn's life story that led her to start SurvJustice.**

There is a critical need for AAUW members to annually contribute to The Eleanor Roosevelt Fund. This Fund is not stipend-producing and relies on “new monies” each year to fund our phenomenal

research. I encourage all AAUW Sacramento members to annually contribute to The Eleanor Roosevelt Fund. If each member would make a commitment to give an annual gift specifically to this fund, just think about how those additional contributions will enhance our groundbreaking research. I **give my additional gift to The ER Fund every Mother's Day to honor a woman in my life. I hope you'll join me by gifting what you can afford to further the work of The Eleanor Roosevelt Fund.**

The leaders who created the fund and award were inspired by the words of Eleanor Roosevelt:

It is today that we must create the world of the future. Never have we needed as acutely as now – in a world of ferment, shifting and changing its course, often without direction – the full use of all the brain power we have. We need every single mind. We cannot afford to have any potential talent or ability dulled to apathy.

### Deeper in Debt Recap by Alicia Hetman

The “Deeper in Debt: Women and Student Loans” program in October was very informative and provided a great opportunity for the attendees to learn more about how the issue is handled in the Sacramento area. We heard from Assemblymember Kevin McCarty, Chair of the Assembly Budget Subcommittee on Education Financing, Lupita Cortez-Alcala, Executive Director of the California Student Aid Commission, and Yolanda Garcia, Financial Aid Supervisor at Consumnes River College.



When asked what AAUW members could do to help students navigate through the maze of student loans, Cortez-Alcala suggested that we receive training and assist in the student trainings offered by the California Student Aid Commission. I have her contact information and in January will begin to see if some of you may be interested in participating in this project. For more information, I can be reached at [hetmancard@prodigy.net](mailto:hetmancard@prodigy.net).

### Membership Matters by Linda Patterson and Sharon Norris



**It's a great time to join AAUW. Not only are our programs outstanding and our mission important, but right now membership dues are a bargain.** Membership dues paid between Jan. 1 and March 15 are half the cost for new or returning members. During this time National, State and branch dues are halved, bringing the cost to \$54.50. New members who join at one of our public events between Jan. 1 and March 15 pay only \$42.25. If you or anyone you know is considering membership, now is the time to make the commitment. For more information, please contact either Sharon or Linda at [aauwsacmembership@gmail.com](mailto:aauwsacmembership@gmail.com).

In It for Life? Make It Official

Empower future generations through your lifetime membership in AAUW! Show your commitment to advancing equity for women and girls. [Contact us to upgrade your existing membership](#) today and receive a letter of recognition, a certificate, and a lapel pin that you can wear proudly knowing that **you've put your values into action to advance AAUW's mission. Lifetime membership in AAUW is a one-time, fully tax-deductible gift of \$980.** [Become a life member today](#)