

Ways to Engage in Helping the Afghan Refugee Community

Kits you can build to welcome someone (new): **Items you can collect (may be used):**

Hygiene Kit

- Bar Soap
- Shampoo
- Conditioner
- Hairbrush
- Razor
- Deoderant
- Toothpaste
- Toothbrushes (6-12)

Most Prized Key Items of Need

- Rugs (all sizes)
- Pressure Cookers (stove top)
- Adult size bikes
- Sewing machines
- Fabric, notions
- Electric Tea Kettle
- TV's
- Vacuum's

Spice Kit

- Turmeric
- Coriander Powder
- Cumin Powder
- Garam Masala
- Chili Powder
- Cloves
- Cinnamon
- Cardamom Pods
- Black Pepper
- Cumin Seeds

Almost Always Needed

- Microwave
- Dishes
- Big Pots
- Dressers
- End Tables
- Lamps
- Blenders
- Shoe Racks
- Can opener
- Mixing bowls

Cleaning Kit

- Broom and Dustpan
- Dish soap
- Laundry soap
- Toilet brush
- All-purpose cleaner
- Large trash can
- Small trash can
- Dish soap

Asked for by Parents

- Strollers
- Infant car seat

Don't Throw Away – There is a Use

- Pillowcases
- Large modest clothes that could be altered (not knit)
- Silverware

Organizations to Connect With and Other Ways to Help

Aid Agencies to Serve With

- <https://www.openingdoorsinc.org/>
- <https://worldrelief.org/>
- <https://www.rescue.org/united-states/sacramento-ca>

Other Help for Families

- <https://miryslist.org/>

Freelance Group :

- <https://www.facebook.com/groups/274751598004589>

Amazon List: (Be sure to have AAUW as your Smile benefactor)

- https://www.amazon.com/hz/wishlist/ls/3BZHG7H5TPVEL/ref=nav_wishlist_lists_2